

Canterbury Community Newsletter

Published for the community by the Canterbury United Community Church ~ October 2023

Want to Join in Shaping Our Town's Future?

Series of public meetings focused on discussing Canterbury's Master Plan

Please join the Planning Board and participate in the ongoing Master Plan process—with pizza and apple cider! Your next chance is Tuesday, Oct. 10, in the Town Hall in the Center at 7 pm.

The Planning Board and the Central NH Regional Planning Commission were pleased that over 40 residents and interested parties attended the public meeting in the Town Hall on Sept. 12. There was a series of spirited discussions about the process of redrafting a town's Master Plan, the importance of the agricultural and rural heritage of the town to its residents, and the preference for incremental change in any development so that it is appropriate for Canterbury.

It is hoped that the draft of the updated Master Plan, or Plan for Tomorrow, will be available to residents to read by Nov. 1. It will be in digital form on the town website, and hard copies will also be in the town office, library and country store.



September's meeting drew more than 40 residents!

In addition to the Oct. 10 meeting, there will be further public meetings held in the Town Hall on Tuesday, Nov. 14, and Tuesday, Dec. 12. Look for updates in the town email and town Facebook page over the upcoming weeks.

~ Lois Scribner for Canterbury Planning Board

Great Goblins! It's the Halloween Wicked Weekend!

Thursday, Oct. 26

- **Canterbury Tales (Famous and Infamous)**, 6 to 7pm, Center Cemetery.



Friday, Oct. 27

- **Canterbury Woods Trick or Treating**, 5 to 6 pm, 15 West Road. Buffet dinner available from 6 to 8 pm.
- **Ghost Encounter Tours** 5, 6 and 7 pm, Shaker Village.
- **Canterbury Tales (Famous and Infamous)**, 6 to 7, Center Cemetery.

Saturday, Oct. 28

- **Canterbury Tales (Famous and Infamous)**, 1 pm, Town Hall.
- **Town Trick or Treating**, 5:30 to 7:30 pm, Town Center.
- **Ghost Encounter Tours** 5, 6 and 7 pm, Shaker Village.

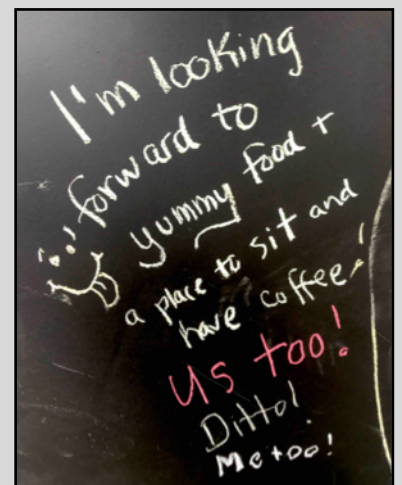
Sunday, Oct. 29

- **Sherwood Forest Trick or Treating**, 3 to 5 pm
- **Ghost Encounter Tours**, 5, 6 and 7 pm, Shaker Village.

You'll find ticket info and details on the Canterbury Tales and Ghost Encounter Tour events on Page 6.

Some details are still being worked out and updates to the events will be posted in the town email and the Canterbury, NH Facebook group.

~ Randi Johnson



Many hands, much work and a renovated store!

By the time you read this, the Canterbury Country Store may be open again—thanks to the many who helped, *pages 4 & 5.*

Local Folks, Here to Serve You ...

HACKLEBORO ORCHARDS: Open for the 2023 apple season! We do have Pick Your Own apples. In the farmstand, ready picked apples and assorted veggies, on the weekends hayrides, cider donuts and baked goods. Open 9-6 daily, check out our Facebook page for updates or call 783-4248. 61 Orchard Rd.

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NORTH FAMILY FARM'S 2023 certified organic maple syrup is available at local stores, the Canterbury Farmers Market or by appointment at the farm. We are sorry but our firewood is already sold out for the 2023 season! Thank you for your business! Check our website for more information: www.northfamilyfarm.com or call Jill or Tim at 783-4712.

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CANTERBURY WHOLE CHILD CENTER is accepting waitlist applications for children 3-12 yrs to nature/art based preschool & before/after school care. 603-783-4370 or CanterburyWholeChildCenter@gmail.com for more information.

GULF BROOK RENOVATIONS: "When Ordinary Just Won't Do." Bathrooms, kitchens, additions, decks and more. Jaime Higgins. 603-496-2414. Gulfbrookrenovations.com

BROOKFORD FARM: Farm store is open daily from 7 am to 7 pm. Pre-order for pickup Tuesday-Sunday. CSA subscriptions and bulk meat orders available too. Organic vegetables, krauts, aged meats, 100 percent grass-fed beef and dairy, pastured chicken, eggs, pork and lamb. brookfordfarm.com.

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As the Leaves Turn, Let's Look to Each Other Too

Dear Friends,

How do you do Fall? I know I have hopes and habits that arise every year as the days get cooler and shorter and the big dipper floats into the western evening sky. For



Pastor Becky

many of us, Fall—even a brilliant, crimson and gold, sugar maple fall—brings on the blues. Fall calls up endings, the end of summer vacation, the end of beach days, cookouts, and bare feet. Even after we're long out of school and our kids have fledged, still we think about autumn as a return to the grind: getting back to work and getting serious. Fall reminds us of mortality; even the most gorgeous foliage

is fleeting. As the geese head south, the trees drop their leaves and transform into stark skeletons. Darkness expands. So we burrow down; we get out less, and we find ourselves rooming with sadness and depression, instead of joy. Most of us have ways we stay afloat—hiking, reading, Halloweening, and even planning Thanksgiving. October's inward spin can hook us, and it can be hard to escape the gravitational pull of autumnal endings and loneliness, especially when all of nature is telling us, Things change.

Studies show us that human contact can cut through some of our seasonal and existential sadness. We now know that company pushes back the edge of darkness, and connecting with just a few friends increases longevity. No matter how independent and strong we are, we humans still need to connect; even hardy Yankees aren't made to go it alone! Get out after dinner, or invite friends over. Sing with the choir on Thursdays, or walk with folks on Wednesdays. Come to church on Sunday, or just stop by for the conversation and hot coffee

Canterbury Church events

Children's Church at 9:45 every Sunday. **Worship** at 10 am. **Fellowship** at 11ish.

Mondays and Thursdays, 9 to 10 am, Stretch and Strength class (free) in the Parish House. Evenings too! (See below.)

Walkin' Wednesdays, 9 am. Meet at the gazebo, all levels welcome.

Stillness in the Center, Wednesdays, 7 pm, candlelight, contemplative prayer and meditation in the sanctuary. Come for a few minutes or an hour, as you wish!

Red Cross Blood Drive, Friday, Oct. 6, 12 to 5, in the Parish House. Please sign up online for an appointment at <http://bit.ly/3ZqMSY5>

Harvest Dance and Potluck Supper! Saturday, Oct. 21, 6 pm. Live music with Wind in the Timothy. All dances taught! All ages and experience levels welcome!

afterward. Meet up with someone at the store, or volunteer, or join a committee. Try a library book group! Even if it feels a bit uncomfortable, just connect. And if those blues won't budge, seek out a counselor, or visit with a friendly local pastor! I will be so honored to listen. So, no matter how beautiful this season is, let's look out for each other, and let's not do Fall alone.

*In Peace,
Becky*

Two Strength and Stretch class options await you!

By day: Strength and Stretch Classes return to our winter schedule starting Monday, Oct. 2. One-hour classes meet from 9 to 10 am Mondays and Thursdays in the Parish Hall. Anyone interested in increasing muscle mass and bone density and their ability to accomplish everyday tasks—even if it's just getting off that couch to fetch another snack from the cupboard or a beer from the fridge—should check us out. There are extra weights and mats available. All the classes are free and led by experienced individuals. Each person works to his or her own level of ability. Contact Judy Nelson (603-493-4207) with any questions. All are welcome and we are definitely a "Judgement Free Zone!"

NEW! By night: Evening Strength and Stretch Classes will be held on Tuesdays from 7 to 8 pm in the Parish Hall upstairs (enter through the entrance on Hackleboro Road) during the month of October. These extended classes are being made available to those who work and can't attend the regular Monday and Thursday morning classes. Please contact Judy Nelson at 603-493-4207 if you are interested in attending and would like further information. Extra weights and mats are available or bring your own. Everyone works to his or her own level of abilities.

~ Judy

Mark your calendar for this art show and silent auction

Jane Cohen, Jane Hastings, Janet King and G. Edward Hudson are planning a Church Fundraiser Art Show and Silent Auction at the Parish House Nov. 11-19.

Details to come.

Mark your calendar!

~ Janet King

Thank You, Thank You to Store & Apartment Givers!

VERY MANY THANKS to the volunteers and businesses who have given so much time and craftsmanship this summer to getting the Canterbury Country Store and apartment up and going again. When you see your friends and neighbors listed below, please thank them for giving so much to these projects and caring so much about our town center store. The list is in order of the date we started and is by no means complete as of this writing:

Jeff and Mindy Beltramo, Ron Turcotte and Al Edelstein for removing the apartment stove and refrigerator to **Howard Moffett** and **Lois Scibner's** lower barn space for safekeeping. Grateful for muscles and long-term space use, an invaluable gift during this work time. Removal of defunct, big freezer from garage to dump, Jeff and Al.

Matt and Jack Krasnecki for days of demo work in the former feed room, window removal, and hauling too many heavy metal shelves and freezers to the "underbarn" and oak shelves for storage during renovations.

Mike Bertolone for a Sunday morning storefront power washing prior to painting the storefront with **Linda Bliss, Jeff Beltramo, Doneta Fischer** and **Kent Ruesswick**. Kent for additional porch ceiling painting.

Jim and Chris Devine for ongoing store flooring repairs and reflooring the entire first floor of the apartment.

Dave Berard, Bob Drew, Jack and Matt Krasnecki and **Kevin Bragg** for a herculean effort to remove the old, leaking sandwich, eggs and produce cooler.

Kevin Bragg and **Lisa Carlson** for several days of work removing the asphalt floor of the store garage, Kevin for trenching outside the length of the back of the building for drainage.

The anonymous Consolidated Communications worker who spent half a workday decommissioning the snaggle of wires on the apartment wall prior to lead abatement work.

Unplanned reroofing of the store's west side including erecting **Ted West's** staging by Ted, Al and **Tom Franco**. Thanks to **Peter Galatis** and son **Ty** who worked an entire Saturday to get the metal roofing put on. We highly recommend them. Thanks again to Ted, Al, **Jim Moir, Tommy** and **Tom Franco**, Peter and Ty for taking down the staging and returning it to Ted's barn. **Flo Woods** for a huge offering of cookies to keep everyone going. Sunday morn churchgoers were treated to a completed roof sight!

Jack Krasnecki for store floor repair under the sandwich cooler and removing the grain room overhead garage door.

Adam Green and **Jeremy Martinson** for muscling heavy shelves and sheetrock. Their answer always: yes, when?



Here's to Linda, Jim, Tom and Al ... and so many others!

Hats off to the **Walk-in Cooler Queens Constance Harris, Janet Lamb, Claire Fleming, Emily Preston** and **Debbie Snow**, who washed and scrubbed and scraped and wiped the walk-in cooler and oak shelving units to shining.

Al Edelstein for painting walls and washing and sealing the floor in the new handicapped accessible bathroom, and for making endless trips to Big Jim's and Home Depot for supplies.

Jim Moir, Mary Kerwin, Paul Lepesquerer, Linda Bliss who teamed up to spend days to patch, repair holes, wash, prime and paint the entire interior of the apartment (two floors worth)! **Damien Riley** and **Thomas Silvia**, two of our younger volunteers, who emptied the former upstairs video room of paint cans, racks, old tiles and debris, and who with Ted's guidance denailed boards for reuse and moved sheetrock no longer needed. These may be our future LLC managers!

Mark Hopkins, who removed the apartment railings prior to the lead abatement work and the store porch railing so the old ice box could be removed. Yes, the store will still sell bags of ice!

Bailey and **Jeff Beltramo** for muscle moving the old three bay sink to the underbarn and extra flooring for storage.

Paul Donaghey and **Ted West** for an entire Sunday of sawzalling and removing all the old cast iron radiator pipes in the apartment ... a particularly nasty job.

Brian Magoon for removing huge cement slabs.

Chance Anderson, Sue Hardt and **Steve Fifield** for repurposing old Guertin barnboards for reuse in the kitchen.

Ali Dinome for helping to haul out cast iron pipes and racks and debris from the store basement all day.

Wait! There are still more volunteers! Go to the next page!!

Hot Food and More Awaits You at the Renovated Store

... Continued from Page 4!

Dave Bowles, Transfer Station staff and **Evan Hauptman** for helping us offload demo materials we could not repurpose with cheer and encouragement no matter how many times they saw us coming.

Shareholders who gifted back shares to the LLC so we could resell them. Every share resold was money we did not have to borrow. Thank you to donors who came forward with financial offerings to help us along.

Malcolm Ross from DES who guided us through the lead abatement process, to **Mickey Laskey**, our designated lead paint inspector, who gifted us **Doug Jones**, New England Restorations, our contractor worth waiting for. So much kindness, patience and brilliance from each of them who know much about the lead abatement process.



We highly recommend the following for providing us their professional expertise and craftsmanship:

- **John Elliott, Kim, Danielle, Moe and Dumpster Depot** for helping us with all the construction debris.
- **Bob Drew Electrical Contracting** and **Phil Donahue**, his helper.
- **Jay Berwick Construction, LLC**, for framing labor and materials and securing our concrete flooring in the garage.

- **Carbone Plumbing and Heating, Kevin and Casey**, always cheerful.

- **Galatis Construction, LLC**, for roofing unexpectedly.

- **Big Jim's** and **Don Steenbeke and family** for making specifically sized doors for our quirky old store.

Finally, your Canterbury Community Market, LLC management team members put their summer lives on hold to see this through. **Ted West** headed up the apartment renovations, **Kevin Bragg** the store renovations, **Jim Moir** endless prepping and painting, **Flo Woods** kept our meeting minutes, **Lynda Moore** chased financing, **Al Edelstein** prepped and painted, sealed floors, secured materials and assisted with money management. **Lisa Carlson** did what she could. Too many individual parts to the renovations to list, you will just have to come see for yourselves and welcome brave **Jane** and **Dave Balshaw** who even as I write are swirling their magic about our store. Most gratefully yours ...

~ Lisa, for the LLC team

Get a taste of what we've been up to!

By the time you read this, the Canterbury Country Store may have reopened! If not, it won't be long. Everyone involved has worked tirelessly to give you your country store back because we know you have missed it!



Over the past 75 days we have done a lot to try and deliver you not only a store but a place.

A place where you cannot only find food and drink but friends new and old, grab a beverage and a bite and sit in the reconfigured space, unhurried, and catch up with friends, or just take a mini-break from the rest of your day.

If you are a morning person we hope you will be enjoying a cup of Canterbury's own Granite Ledge coffee ground and brewed fresh every morning and throughout the day, and maybe a treat from our bakery case of freshly made treats from Jane. Maybe you have a big day ahead and a warm breakfast sandwich or wrap that Dave got in early to make for you is more your bag—either way we have got your morning covered.

If we missed you for breakfast, no worries. We will have sandwiches hot and cold, salads and a daily entree ready to eat come lunch time that we prepared in our new kitchen on site. If it's time for an ice coffee to get you through the afternoon, it is also waiting for you.

If it starting to get dark and we still have not had the pleasure of your company, no worries! We are open until 6 and have both fresh and frozen dinners you can grab on the go and take home to enjoy along with a great selection of beer and wine.

Lest you think eating is all we are about, know that we also have great local art and craft made right here in Canterbury and the surrounding area along with home and personal care products, groceries, snacks, animal food and even a little hardware department.

All the best to you from your friends at the Canterbury Country Store.

~ David and Jane Balshaw

Ready for Fun ~ and Learning! ~ From the Spirits?

Don't be haunted with regret! Check out this year's Canterbury Tales!

Now in its second year, the Canterbury Cemetery Association presents "Canterbury Tales (Famous and Infamous)"—with an indoor option if you'd prefer not to traipse around a cemetery in the dark.

Indoors or out, six spirits will rise from their graves to tell some historic Canterbury tales from years past! Tickets cost \$10 per person and are available Oct. 1 on Eventbrite and at the library.

- Thursday, Oct. 26, 6 to 7 pm, Center Cemetery
- Friday, Oct. 27, 6 to 7 pm, Center Cemetery
- Saturday, Oct. 28, 1 pm, Town Hall

No costumes, strollers, or pets. Rain venue: Town Hall.

You'll hear from:

- A father who served state and country and his daughter, who went from a Southern bride to poverty and made the most of it
- A farmer who left a surprise for everyone
- An abolitionist preacher who was never afraid to speak his mind
- A missionary who traveled afar and came back to Canterbury
- A resilient woman whose first husband had murderous ways

Sponsored by Lamb, Petersen & Mann Advisory Group.



Last year's spirited cast invites you back to the Center Cemetery for more!

Connect with spirits at Shaker Village too!

Today, we enjoy telling ghost stories and revel in a well-timed fright or harrowing tale. To the Shakers, however, the spiritual world was an important part of the community.

From its beginning in the 19th century during the Era of Manifestations, spiritualism grew to be a part of Shaker faith. Many Shakers recorded otherworldly accounts, and these experiences sustained Shaker communal life across generations.

Learn about the growth of spiritualism as part of Shaker religion and hear firsthand accounts of otherworldly encounters on the 45-minute "Ghost Encounters" tour.

Friday, Oct. 27, Saturday, Oct. 28, and Sunday, Oct. 29, at 5, 6 and 7 pm.

Tickets are \$10 to \$20, and \$25 on the day of the tour.

Buy your tickets online at <https://bit.ly/3PNWqJw>



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Elkins Library: It's Alive with Activity This Month!

The next meeting of Elkins Public Library Board of Trustees is on Monday, Oct. 16, at 6 pm. It's open to the public.

We will be closed on Monday, Oct. 9, for Columbus Day.

A daily calendar and list of programs and events can be found at www.elkinspubliclibrary.org or on Facebook or Instagram. We are open Mondays and Tuesdays, 9 to 5, Wednesdays and Thursdays, 9 to 7, and Saturdays, 9 to noon. And you can reach us at 603-783-4386 or by email at elkinslibrary@elkinspubliclibrary.org.

Story Time: Join us Tuesday mornings at 10 for stories, songs and a craft. This program is perfect for infants through kindergarten. Come to the library and meet your children's future classmates while fostering a love of reading. On Tuesday, Oct. 17, we will have a guest reader for Fire Safety Week. Join us for this special story time at 10 am.

Play-Based Learning Story Time, Halloween style: On the fifth Tuesday of the month, story time looks a little different. The children's room will be divided into stations with activities promoting learning through play. Tuesday, Oct. 31, is also Halloween, so come dressed in your costume for some extra spooky fun! 10 am to 11 am.

Tunes, Tales and Tumbles: Join us Thursday mornings at 10 for songs, stretching, stories and more! This program is perfect for our youngest patrons from infancy through preschool. Come enjoy this active and music-filled program and help your children nurture their love for the library, books and community.

Teen Night: Join us Tuesday, Oct. 24, from 5 pm to 7:30 pm for Teen Scary Movie Night. We will be having a Candy Swap, so please bring a bag of individually wrapped Halloween candy to share. Call the library for details or follow us on Instagram and Facebook.

Programs

The Old Man Boring Book Club: This group reads and reports on favorite nonfiction titles. Join them on Thursday, Oct. 5, at 6 pm back by the fireplace.

Elkins Cafe: We will offer coloring pages and art supplies for adult coloring on Thursday, Oct. 26, at 2 pm. There is no Cafe on Oct. 12.

Evening Book Group: In October we will be reading *Horse* by Geraldine Brooks. We meet for discussion by the fireplace on Wednesday, Oct. 18, at 6 pm. Copies are available at the circulation desk.

Murder, Mayhem and Misadventure: We have a number of new (to our library) mystery series to introduce to you. Also, the sleuth is introducing some "conundrums" to solve along with our "It has always been a mystery to me" conversation. Join us on Tuesday, Oct. 24, at 2 pm.

Come learn about the Forgotten Forest!

The Forgotten Forest Primeval: Rediscovering Sunapee's Old Growth Forest: Thursday, Oct. 19, 6 pm in the Town Hall. Steve Russell will present information about this valuable and exemplary natural community system that encompasses a rare old forest. Part of the Elkins Public Library Speaker Series.

Free Tech Help: Thursdays from 4 to 6 pm, in half-hour time slots, Kal McKay offers free tech support at the library. Please schedule an appointment and give a brief description of the issue. Kal's appointments fill up quickly so be sure to sign up.

Calling all writers: Plans are coming together for a "Writers Hangout." Are you a writer who values the opinions of others and needs a place to share your work? Come talk to Rachel if you are interested.

Game Night returns: Come on the 4th Wednesday of each month from 5:30 to 7 pm. In October we will be playing Mexican Train. Come if you want to play or learn this fun domino game.

Dance Party Crazyness: Stop by the library during the town-wide Halloween event on Saturday, Oct. 28, to get some candy and see the front of the library transformed into a wild and crazy dance spot.



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Just Like That, the School Year Is Up and Running!

A busy first month! Canterbury Elementary School staff members were thrilled to welcome students for the first day of school on Sept. 5.

Building classroom communities: CES staff members discussed our Hopes and Dreams for our students this year, and classroom teachers have led their learners through discussions and activities in order to allow each student to name a Hope and Dream that they have for themselves. Classes also developed Classroom Rules and Procedures so that everyone can learn in a safe, kind environment where we help one another to do our best!

Initial assessments: All learners have participated in beginning-of-the-year assessments, such as STAR Reading and STAR Math. These assessments help teachers to determine student needs and to plan instruction accordingly.

Open house: On Sept. 20, CES held its annual Open House event. Families came to see the classrooms, shop at the book fair and enjoy the pizza supper. It was a fun night for all!

Outdoor Classroom update: CES's Outdoor Classroom is ready to use. We began this journey last year: we identified a location, raised funds, used some of those funds to remove hazardous trees, and cleared brush. Right before school started, most of the final steps were completed, including cutting out roots, evening out the ground, putting down a weed barrier, moving wood chips in place, and adding natural seating cut from the trees outside. It's been a long journey, and some details are still left to be completed, such as adding a whiteboard, but it was a labor of love with great results thanks to contributions from many wonderful staff and community volunteers.

Substitute at CES! CES is always looking to hire substitute teachers. If you are interested in applying, please call me at the school at 603-783-9944 or email me at echubb@sau80.org.

Thank you for supporting our school!

~ Erin Chubb, Principal



The Outdoor Classroom before (above) and after (below)!



Volunteers needed for nonprofit that aims to feed kids in need during summer months

Our new nonprofit, Got Lunch Belmont & Friends, aims to provide healthy lunches to school children during the summer weeks, when free and reduced lunch programs in school are no longer available. We will be serving families in Belmont, Canterbury and the surrounding area. It's modeled on a similar program in Laconia that began in 2011 and now makes weekly food deliveries to more than 500 families in the city.

We count on many hours of volunteer labor to plan, pack and deliver food. So many skills are needed. Whatever your

schedule, there will be a way for you to help.

We are also looking for longterm helpers for planning and fundraising. Volunteers already working with us say that the program feels worthwhile and satisfying. Let us know the best times for you and how to reach you. Our next meeting is Friday, Oct. 13, at 6 pm at the Belmont Mill, fourth floor.

For more information call me at 603-581-9746 or email us at gotlunchbelmontandfriends@gmail.com.

~Sharon Ciampi

Our Kids Are Busy Outside of School Too!

Come cheer on the kids in Youth Soccer!

Did you know that Canterbury Youth Soccer is run by the Canterbury Rec department and a small group of dedicated volunteers?

This year we have twice as many soccer players than any other year and they sure are impressive on the soccer field.

Come watch our home games (held on the back field behind the Elementary School), feel the sense of community as you cheer on these super athletes. Go Canterbury!

Here's our upcoming home game schedule.

Saturday, Sept 30, 4th/5th grade team vs. Sanbornton at 9 am, 2nd/3rd grade team vs. Sanbornton at 10:30 am

Thursday, Oct. 5, 2nd/3rd grade team vs. Franklin, 5 pm

Thursday, Oct. 19, 2nd/3rd grade team vs. Sanbornton at 5:30 pm

Saturday Oct. 14, 4th/5th grade team vs. Franklin at 9 am, K/1st grade team vs. Sanbornton at 10:30

Saturday, Oct. 21, 4th/5th grade team vs. Southwick at 9 am, 2nd/3rd grade team vs. Pines at 10:30, K/1st grade team vs. Southwick at 10:30 (front field)

~ Danielle Krautmann



Up next for Cloverbuds: healthy lifestyle

The Canterbury Cloverbuds had lots of fun during our first meeting of the year on Monday, Sept. 11! During the meeting we were busy, busy, busy!! We focused on the 4H learning theme of becoming a community. At the meeting, children worked on making unique name tags to wear at each meeting and played games to help us get to know one another. We also said our 4H Pledge and learned about the 4H core values.

At our next meeting, on Monday, Oct. 2, at 5 pm at the Parish House, we will focus on the 4H learning theme of a healthy lifestyle. We will learn why eating vegetables is healthy. We will make vegetable prints, learn about what vegetables grow in the fall, and enjoy tasting some vegetables. We will also paint pumpkins to display on Halloween.

New members are always welcome and now is the time to sign up for the Canterbury Cloverbuds 4H for 2023-2024! In Cloverbuds, children ages 5-7 move and wiggle, and participate in activities that are engaging, hands-on, and creative.

If you have questions or would like more club information, please contact Kate Mason and Emily Perlet at canterburycloverbuds@gmail.com Unless otherwise noted, Cloverbuds meetings are held on the first Monday of each month at 5 pm at the Parish House, 6 Hackleboro Road.

Find more information about 4H and the Cloverbuds Club, and links to sign up your child at :
<https://extension.unh.edu/new-hampshire-4-h/what-is-4-h>
~ Emily Perlet

Ice cream sundaes welcome new Rascals

The Canterbury Rascals had a lot of fun at the first meeting of the school year on Sept. 11. President Cate McDonald led our meeting, where we talked about officers' roles and projects with the different leaders. We had ice cream sundaes to welcome new members and it was so yummy! We went around the room and said our name and age and what we like to do for hobbies to get to know each other.

We're looking forward to projects like beginner photography, wooden lamp-making, and beginner drawing. We're excited to honor volunteers and members at an annual ceremony on Monday, Nov. 6, at 6 pm in the Parish House.

~ Aurora Hutchinson, Reporter for the 4H Rascals



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About the Town and Around the Town

Selectmen seek consultant's help to secure broadband expansion money

The selectmen signed a contract with Mission Broadband, a consulting firm, to assist with applying for grants for the purpose of expanding broadband. We are working with Comcast and Mission Broadband on funding through the N.H. Business and Economic Administration for Broadband Matching Grant Initiative (BMGI) funding. There is \$25 million in available funds that will be awarded and the state has pledged another \$40 million from the Broadband, Equity, Access and Deployment (BEAD) funds.

Paving was completed on sections of Shaker Road by Pike Industries. Pike also paved state-maintained Shaker and Baptist roads.

The annual audit was completed by Plodzik and Sanderson P.A. The audit is available on the town website.

Ray Carbone is working with Lois Scribner to take over the Planning Board Secretary duties. Lois will continue with the Historic District and Solid Waste committees.

The Town Office and Town Clerk/Tax Collectors Office will be closed on Monday, Oct. 9. The Town Clerk/Tax Collectors Office will also be closed on Wednesday, Oct. 11, and Thursday the 12th for the annual Tax Collectors Conference.

Supervisors of the Checklist will hold a session for correction of the checklist on Friday, Oct. 6, from 7 pm to 7:30 pm at the Sam Lake House. This is the last day that registered voters affiliated with a party can change their affiliation prior to the presidential primary. New voters may continue to register until election day, as permitted by law. Any questions regarding party affiliation may be directed to the Town Clerk's office during office hours, or to the Supervisors of the Checklist on Oct. 6.

The regular Board of Selectmen's meetings will be held on Monday, Oct. 2, and Oct. 16.

~ Ken Folsom, Town Administrator



Tackling invasive plants at Riverland

The Conservation Commission—with the assistance of the town Highway Department staff and in partnership with our neighboring landowner—is working to slow the spread of invasive species at the Riverland conservation area. The state's Department of Agriculture Invasive Species Coordinator, Doug Cygan, has advised us and will be assisting with the project.

This summer we ripped out a tangle of invasives extending 10 feet deep and 150 feet long from the parking area and mowed the pathway to the beach and the brush alongside the path.

In the fall, tentatively scheduled for the second week in October, we will do a targeted treatment of the resprouting invasive species. Mr. Cygan has, through years of testing, identified the lowest effective concentration of herbicide that will discourage regrowth.

We'll complete the project by reseeding the area with grass and mowing regularly to discourage the invasive plants from recurring.

The commission is very grateful to the Highway staff and Doug Cygan for their assistance with this project.

~ Kelly Short for the Conservation Commission



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Canterbury United Community Church

How to reach us: By phone, 783-9365. By email, mycanterburychurch@gmail.com

Parish House rental: By phone, 783-9365. By email, mycanterburychurch@gmail.com

Online: canterburychurch.org
facebook.com/
MyCanterburyChurch

Newsletter: Deadline is 16th of month before publication.
Editors: Mark and Brenda Travis,
newslettercanterbury@gmail.com

Canterbury Fair:
twitter.com/CanterburyFair
facebook.com/CanterburyFair

Town Email List

Kal McKay manages the Canterbury Town Email List and posts Canterbury happenings to the *Concord Monitor*. Join or submit by emailing canterburytownemail@gmail.com

Post Office

Hours: Mon.-Fri., 10 am to 5 pm
(closed 12:30 to 1:30 pm);
Sat., 8:30 am to noon; 783-4158

Stores

Canterbury Country Store: Mon.-Sat., 6:30 am to 6 pm; Sun., 8 am to 4 pm; 783-9933

Brookford Farm Store: 7 am to 7 pm daily; 783-4084

106 Beanstalk: 6 am until midnight daily; 783-4305

Loudon Food Pantry

Hours: Open for donations and volunteers Tues. 10-6, Wed. 10-1, Thurs. 10-4.

Service: By appointment only at same hours as above.

Location: Huckleberry Business Park, Unit D, 30 Chichester Road, Loudon.

Contact: 603-724-9731, on Facebook at LoudonFP, or on our website: loudonfoodpantry.org.

Town offices and organizations

EMERGENCY? Dial 911

Police Department: Call 783-0433 for non-emergencies. Concord police dispatch: 228-1010 for non-emergencies.

Fire Department: Call 783-4798 for non-emergencies. Email chief at canterburyfire@canterburynh.gov

Town website:
canterbury-nh.org

Transfer Station: Tue. and Wed., 4 to 6:45 pm; Sat., 8 am to 5:45 pm. Call 783-9980 or email transferstation@canterburynh.gov

Town Clerk/Tax Collector: 783-0153. Mon. and Wed., 9 to 3; Tue. and Thur. 12 to 7. Email: spapps@canterburynh.gov

Selectmen's Office, Town Administrator, and Assessor's Office: 783-9955. Mon. and Wed., 9 to 1; Thur. 10 to 2. Emails: selectmen@canterburynh.gov
assessing@canterburynh.gov
kfolsom@canterburynh.gov

Building Inspector: 783-9033
buildinginspector@canterburynh.gov

Highway Dept: 783-4123
canterburyhighway@canterburynh.gov

Planning Board: 848-2059
planningboard@canterburynh.gov

Monthly Meetings (Check town website for details.)
- **Planning Board:** 2nd Tue., 7 pm; 4th Tue. as needed
- **Conservation Commission:** 2nd Thurs., 7 pm
- **Historic District Commission:** 3rd Wed., 7 pm
- **Selectmen:** 1st and 3rd Mon., 6 pm
- **Solid Waste Committee:** Monthly on 2nd Monday, 3:30 pm, Library, or as needed.
- **Zoning Board:** As needed.
- **Energy Committee:** 1st Tues., 6 pm

Something to look forward to: Two winter farmers markets at the school!

Hello market friends! So sorry that we won't be seeing you in October but mark your calendars for our two upcoming Saturday winter markets: Nov. 11 and Dec. 9. Both will be held in the CES gym from 10 am to 2 pm. There will be plenty of late fall and winter fruits and veggies, bread and all the fixin's, sweet and savory baked goods, fresh eggs and more. Plus we will be inviting extra craft vendors to help you prepare for the holiday gift-giving season.

If you would like to get the Market News throughout the cold months, visit our website, CanterburyFarmersMarket.com. You can subscribe right on the home page (we promise not to overwhelm your inbox).

We will still be posting to both Facebook and Instagram. Look for updates about our Annual Meeting held sometime in January. All Market Members are invited!

Thanks so much for your support during the 2023 season. There were at least five weeks this summer where more than 200 folks came to shop, chat, share, and listen to the music. If everyone brought just 1 friend along with them each week ... wow!

~ Beth Blair

Food pantry provides for nearly 5,000 meals

In August the Loudon Food Pantry gave out enough food to 246 individuals for them to prepare 4,820 meals. Of these people, 136 were age 60 and older (52%), 42 were age 18 or under (22%), and 68 were between those ages (28%).

Fight Hunger Bags: The pantry has been selected as the beneficiary of the Hannaford Fight Hunger Bag Program! During October, each time the \$2.50 reusable Fight Hunger Bag is purchased we receive \$1. For every Hannaford Snack Pal Plate we'll get 25 cents. Purchases must be made at the Hannaford at 73 Fort Eddy Road in Concord.

Thanksgiving Box signup: Anyone who is qualified to come to Loudon Food Pantry can receive a Thanksgiving Box. We are signing up those eligible starting Oct. 1 and ending Oct. 31. If you come in after Oct. 31 to sign up, there will be no guarantee we'll have enough food to fill your order. Please sign up early so we know how much food we need to have on hand. Last year's boxes contained fresh fruit, fresh vegetables and the Thanksgiving dinner fixings. To sign up or if you think you're eligible to receive a Thanksgiving Box, please call (603) 724-9731 and ask for Sue.

Donations needed: You can always find a list of our food needs at www.loudonfoodpantry.com. Also, did you know that you can also donate funds through our website as well as through the mail? We accept PayPal, Mastercard, Visa, and American Express. You can also Venmo us!

Need food? Call me at (603) 724-9731 to see if you qualify.
~ Sue Houck for the Loudon Food Pantry

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Guess what turns 300 pretty soon?!

The Canterbury Historical Society's trustees have held initial conversations contemplating how the town might celebrate our 300th birthday in 2027. A town wide invitation will be extended in the spring inviting everyone to attend a meeting to discuss ideas on how we can do this. It's not too early to think about ideas!

Annual meeting: Mark your calendar to attend our annual meeting on Wednesday, Nov. 15, at 7 pm in the Town Hall when we will be presenting a program and voting to fill three vacancies on our board of trustees. Have you ever considered becoming involved in the society? Contact Bob Scarponi or Pam Jackson if you would like more information about being a trustee.

Exhibit open: Our current exhibit featuring selected items from our archive will be open on Saturday, Oct. 7 and Oct. 14, in the Elkins Memorial Building from 10 am to noon. Please stop by and see things like the Civil War "dog tag" worn by a Canterbury soldier in 1862, Canterbury store history and photos, U.S. presidential documents and a letter from President Eisenhower to the town congratulating us on the building of the elementary school.

Historic houses: Trustees Harry Kinter and Jeff Leidinger are compiling historic house information on 80-plus old Canterbury houses, which they are photographing and documenting. They plan to publish a first edition book featuring 40 houses in the coming days.

Oral histories to resume: Trustee Mary Ann Winograd, together with our curator, Sam Papps, is coordinating the resumption of our oral history project to record longtime Canterbury residents' recollections from the past. This vital project was long delayed by Covid. The recordings will become part of our collection.

~ Bob Scarponi, President

Quakers ...

The Quaker Meetinghouse on Oxbow Pond Road is thrilled to have completed the installation of our new geothermal heat pump system. In tandem with our solar array we now have no carbon emissions from our heating system or electric usage. Are you interested in learning more about geothermal? We'll be offering a couple open houses in October which we'll announce in the weekly Canterbury town email. Or contact info@ConcordFriendsMeeting.org to learn when they will be.

In August we completed other fire safety improvements to allow us to offer events with 50 or more people. **If you are interested in using our beautiful, cathedral-ceiling building** with radiant heated floor and large windows to the outdoors, please contact PropertyCommittee@ConcordFriendsMeeting.org.

The American Friends Service Committee's Annual "Fun"-draiser on Saturday, Oct. 14, from 1 to 4 pm will support AFSC's work to build a more just and loving community. This is an opportunity to connect and inspire each other with song and spoken work, and delicious food! All are welcome. Contact Ruth Heath, 724-4343.

Curious about the Quaker style of worship? Please join us any Sunday morning from 10 to 11:15. We are a welcoming and affirming congregation. Children of all ages are warmly welcome to our children's program. For more information, see our website, www.ConcordFriendsMeeting.org, or contact Ruth Heath, Clerk@ConcordFriendsMeeting.org.

~ Ruth Heath

... and Shakers!

The Canterbury Shaker Village is hosting two workshops and a road race in October!

On Saturday, Oct. 7, from 9 to 4:30, you can make a #3 Shaker oval box to take home. All tools and materials provided.

On Saturday the 21st and Sunday the 22nd, from 9 to 4, master stone artisan Kevin Fife will lead a hands-on, stone wall workshop, teaching participants about Shaker engineering, aesthetics, and skills while restoring a section of wall at the village. The cost of either workshop is \$250.

On Saturday the 21st at 10, join in a 5k cross-country race at the village, sponsored by Delta Dental. Cash awards (and maple syrup!) for top five men and women. Registration, \$25.

For more information on any of these activities, visit shakers.org.