

From the Pastor

Greetings Canterburians,

I continue to be astounded by the number of opportunities for enjoyment, learning, and mutual neighborly care and commitment offered to us in our seemingly small community. Summer is certainly no exception to this. I encourage you to take advantage of the summer season's activities detailed in this issue. For many, your summer will include visits and vacation time elsewhere. It's a blessing to know that our own town offers so much to see and do with fresh eyes as well. Of course, the high point of July in Canterbury is the Annual Canterbury Fair which takes place the last Saturday of July each year (July 28th this year.)

The Fair is so familiar to many of us we may have forgotten that folks elsewhere may love a personal nudge to join us in our special town that day. I encourage you to invite others you know outside of Canterbury to come and share the day with you and your neighbors. Also, if you are new to Canterbury a great way to meet people in town is to volunteer a little of your time to the various preparations and fair day activities that the fair committee is coordinating. If you would like to volunteer and are not already in communication with the committee, please call the church office and I can connect you to one of the committee members organizing particular volunteer tasks you may have an interest in supporting. Our office number is: (603) 783-9365.

At Canterbury United Community Church, we pray for a safe and enjoyable summer that provides you opportunities for recreation and rejuvenation of your spirits and bodies. If you'd like to join us for Sunday worship this summer, please note that our summer time for worship is 9 a.m. to 10 a.m. with an opportunity for refreshments and fellowship following. If you'd like more information about our Sunday morning worship, please feel free to contact me at the church office (603) 783-9365.

God's Peace,

Pastor Sara



Upcoming July/August Events

July 4 - Independence Day Celebration

July 4 - Farmers Market 10:00 am - 12:30 pm

July 5 - Elkins "Libraries Rock" begins

July 28 - Woodchuck Classic 5K Run

July 28 - CANTERBURY FAIR!

August 1 - "SUPER" Farmers Market

Published for the Community by the
Canterbury United Community Church

July/August 2018

CANTERBURY UNITED COMMUNITY CHURCH

CHURCH OFFICE 783-9365
Tues., Wed., Thurs. mornings.
Please call first.
mycanterburychurch@gmail.com

RESERVE PARISH HOUSE
783-4419, Judy Patterson

CANTERBURY FAIR
twitter.com/CanterburyFair
www.facebook.com/CanterburyFair

CANTERBURY NEWSLETTER

Deadline: 16th of the month prior
to the month you want the article to
Appear.

Editor: Denise Sojka 297
Southwest Road 783-9209
newslettercanterbury@gmail.com
PeopleNews:
newslettercanterbury@gmail.com

CES News: 783-9944 Mary Morrison
mmorrison@sau80.org

Town Crier: Lois Scribner
scribnerlois@gmail.com
Note: The Town Crier needs news
by NOON on Wed. to appear in the
following Sunday Concord Monitor

AROUND TOWN

LOUDON FOOD PANTRY 724-9731
30 Chichester Rd., Unit D, Loudon
Intake by appointment only on
Tuesday, Wednesday and Thursday.
Office hours and donations
accepted Tuesday, Thursday and
Friday 10 a.m. - 4 p.m. Please call
724-9731 if you need to donate
outside these hours. Closed
Mondays. For more info or to see if
you qualify for services, go to
loudonfoodpantry.org or email
info@loudonfoodpantry.org or call
Sue at 724-9731.

106 BEANSTALK 783-4305
Everyday - 5:00 am until 12:00
midnight

CANTERBURY STORE 783-9933
Mon.-Sat., 6:30 am - 6:00 pm
Sunday -; 8:00 am - 5:00 pm

BROOKFORD FARM STORE
724-4084
7:00 AM TO 7:00 PM EVERYDAY

POST OFFICE 783-4158
Mon. - Fri., 10:00 am - 5:00 pm
(closed 12:30 -1:30 pm);
Sat. 8:30 am - noon

TOWN OFFICES & ORGANIZATIONS

BUILDING INSPECTOR 783-9033
Scott Lacroix
buildinginspector@canterbury-nh.org
TRANSFER STATION 783-9980
Wed., 4:00-6:45 pm, Sat. 8:00-5:45pm
transferstation@canterbury-nh.org
FIRE PERMITS: see town website
canterbury-nh.org
HIGHWAY DEPARTMENT 783-4123
canterburyhighway@canterbury-nh.org
LIBRARY 783-4386
Mon. 1:00-7:00 pm, Tues., 9:00-6:00 pm
Wed. & Thurs., 9:00 am - 8:00 pm
Saturday, 9:00 am - noon
CANTERBURY POLICE OFFICE
783-0433 (NON-EMERGENCY)
Concord Police Dispatch
(non-emergency): 228-1010
EMERGENCIES - 911

FIRE DEPARTMENT
Fire Station: 783-4798
Fire Station Fax: 783-8964
Fire Chief email:
canterburyfire@canterbury-nh.org
Emergency calls: 911

**SELECTMEN'S OFFICE AND
ASSESSOR'S OFFICE 783-9955**
Mon. & Wed. 9:00 am - 1:00 pm
Thur 10:00am - 2:00pm
selectmen@canterbury-nh.org
assessing@canterbury-nh.org
TOWN CLERK/TAX COLLECTOR
783-0153
Monday 9 am - 3 pm, Tues., 3 pm - 7 pm
Thursday, 12 pm - 7 pm
taxcollector@canterbury-nh.org
townclerk@canterbury-nh.org
TOWN ADMINISTRATOR
kfolsom@canterbury-nh.org
PLANNING BOARD
planningboard@canterbury-nh.org
ZONING BOARD
zoningboard@canterbury-nh.org
CONSERVATION COMMISSION
conservationcommission@canterbury-nh.org

MONTHLY MEETINGS
Meet at the Meetinghouse (MH) unless
Otherwise noted
CONSERVATION COMMISSION
2nd Monday, 7:00 pm MH
Fire & Rescue
(at Municipal Complex)
Business Mtg., 1st Mon., 6:30 pm
Officers Meeting: Last Thurs., 7:00 pm
Trainings: All other Mondays, 7:00 pm
Library Trustees
2nd Monday, 7:00 pm, Elkins Library
Planning Board
2nd Tuesday, 7 pm, MH
4th Tuesday, as needed
Selectmen
1st & 3rd Monday, 6:00 pm, MH
Solid Waste Committee meets on the 4th
Monday at 6 PM at the Meeting House.

CLASSIFIEDS

GULF BROOK RENOVATIONS "When Ordinary Just Won't Do".
Bathrooms, Kitchens, Additions & more. Aging-in-place specialist &
Certified Green Professional. Jim Higgins 226-0212
www.gulfbrook.com.

"SHE'S HANDY"Tending to your small jobs.
Painting, carpentry, odd jobs, extra hand, and your to-do list. 20+
yrs. exp. - Insured- Donna Bond-724-5838 drbond1@comcast.net

FIREWOOD FOR SALE: It is not too early to order firewood. We
offer seasoned, sustainably harvested, hardwood, cut 16", split and
delivered locally. Check out our website and just see how big the
firewood pile is. <http://www.northfamilyfarm.com> or call Jill or Tim
at 783-4712.

ORGANIC MAPLE SYRUP: Delicious maple syrup. It is a good local
sweetener with some health benefits and a great tradition on those
Sunday pancakes. Maple syrup works well as a sweetener in any
recipe. Go to our website for more information and recipes!
<http://www.northfamilyfarm.com> or call Jill or Tim 783-4712 for pick
up at farm. One can also come to our booth at the Canterbury
Community Farmers Market on Wednesdays from 4:00 to 6:30pm in
the Elkins Library parking lot.

MAQ DESIGN - offering quality custom upholstery, slipcovers that
fit, and artisan window treatments - Where Quality Counts And
Details Make The Difference! By appointment.
maryann@maqdesign.net, 783-9640, maqdesign.net.

CENTRAL ENERGY, LLC when was your furnace cleaned last?
Central Energy, LLC "celebrating 85 years in business" Offering
ductless A/C systems, traditional central A/C Installations &
service. As well as all your oil heat needs for service,
installations & annual cleanings. Oil tanks & water heaters too.
Call Barry at 603-724-9603 here in Canterbury and visit us at
www.centralenergy1.com

PETALS IN THE PINES, Our Nature Explore Outdoor Classroom is
open each Thursday (except 7/5 & 8/9) from 9-2 for kid's "Spread
Your Wings" days! Follow nature book page-signs on Tale
Trails, daily 9-6. Now scheduling summer birthday parties! Self-
service farm stand open daily 9-6. Flower bouquets
available Fridays-Sundays and by request. Call Donna (783-0220);
visit www.petalsinthepines.com. 126 Baptist Rd.

GUITAR LESSONS AT YOUR HOME OR MINE-CANTERBURY AREA
All ages - All styles of music. Berklee/New England Conservatory
alum. Ask me about my flexible summer programs. Tony (603)475-
3471 tonyz84@aol.com

RIVERLAND ON THE MERRIMACK, a new Canterbury bed and
breakfast, is now accepting reservations. Send us your tired, your
hungry, your out of town relatives...Visit:
www.riverlandonthemerrimack.com or phone(603) 562-6059.

APRYLLE & REED, FLUTE and GUITAR *Elegant and Peaceful*
Music for weddings, corporate events, dinner parties, wine tastings,
or any special occasion. Call 603-708-1483 for more info and/or
bookings.

5 FOR 4 OVER 6? SUMMER GUITAR AND FLUTE LESSON
SPECIAL: Get 5 introductory lessons for the price of 4 spread over 6
weeks. APRYLLE, flute and REED guitar. Both veteran, *European*
Conservatory trained Music Educators and Performers. All levels of
experience, including beginners, welcomed. Reasonable rates. Call
603-708-1483 for more info. Conveniently located in Canterbury near
Rte.106.

HOW TO PLACE A NEWSLETTER AD

The deadline is the 16th of each month. \$7 for 30 words or less or \$14
for up to 60 words. Please email ad to newsletter (see address below)
and mail payment to CUCC, PO Box 216, Canterbury, NH 03224.

Must be received by the 16th!

LIBRARY NEWS

There will be no Trustee meetings in July or August.

Elkins Library is closed on Wednesday, July 4, in observance of Independence Day and also on Sat., July 28, for the Canterbury Fair.

Congratulations to **Mrs. Baker**, our Youth Services Librarian! Rachel received the New Hampshire Children's Librarian of the Year Award at the NHCL conference. We're so pleased and proud of all you do!

STORY HOUR: Tues. **July 3 & 17 and Aug. 21** at **10:00**. Even if you are not a preschooler, come and see what fun we have! We gather together and read a book, do a dance, have a snack and enjoy an activity or craft. In July we celebrate our Summer Reading theme – Libraries Rock!

ROCK N' READ: Tues. **July 10 & 24 and Aug. 14 & 28** at **10:00**. Themed music and movement program for babies and toddlers including a craft and activity. The same group comes for Story Hour so an opportunity to meet your neighbors and make new friendships.

LEGO CLUB: Tues. **July 3 & 17 and Aug. 21** from **4:00-5:00**. This is a "drop in" club that requires no sign up! Come play together!

OMBBC (Old Man Boring Book Club) will resume on Thurs. Sept. 6 at 7pm. Typically this group reads individual titles, but this month a single title has been chosen. For those that choose to read the group book, there will be a few extra copies of "The Stranger In the Woods," by Michael Finkel available at the desk by mid-August.

Book Group: Resumes Tues. Sept 18 at 7pm. Copies of, "Great Small Things," by Jodi Picoult will be available at the library mid-August.

Zen Coloring continues every Thurs. from 1:30 to 3. Gentle music, coloring supplies and refreshments make for a lovely program.

Family Passes- Call to reserve the pass you would like to borrow (783-4386)

SEE Science Center	Currier Museum of Art
Squam Lake Science Center	Shaker Village (donated by Shaker Village)

****New! New Hampshire State Parks Pass ****

Free admittance for two adults and four dependents (Gift from FOEPL)

Download audio books and Digital Magazines! Check out the website <http://nh.lib.overdrive.com> for more details and then contact the **library** if you would like to **register** for this service and receive the code required.

Attention Middle School students! Elkins has copies of each title on your summer reading list. Please remember to return your books on time!



LIBRARIES ROCK! 2018 Summer Reading!

Children's programming, materials and activities are at the core of Elkins Public Library's mission year-round. However, our Summer Reading Program is designed to encourage children to keep reading and engaging in their library during the SUMMER! We know that you LOVE your Library so let's tell the world...

LIBRARIES ROCK!

This summer, we will be celebrating all the amazing things that happen in a modern library by discovering through books, crafts, activities, food and MUSIC!

Tuesday, July 3: 10:00am: Story Hour – we will enjoy an African tale and learn some new songs.

Thursday, July 5: 10:00am: ROCK AROUND THE WORLD! From the sounds of bagpipes to the beat of an African drum, there are so many ways to make music. Let's learn about music from around our beautiful planet.

Tuesday, July 10: Rock and Read at 10:00am – we will discuss the science of things around us.

Thursday, July 12: 10:00 am –SCIENCE OF MUSIC! Music is a mixture of frequencies and patterns that get processed by our ears. Together let's experiment with sound waves and create rhythms, notes and lyrics. We will also discuss geology because Libraries ROCK!

Tuesday, July 17: 10:00am – Story Hour at 10:00am – let's make some music with our own instruments!

Thursday, July 19: 10:00am – LET'S MAKE MUSIC! Let's learn about people who make music; instrument builders, band members and music teachers. We will learn about the musical instrument families and families who make music. Let's get the band back together!

Tuesday, July 24: 10:00am – Rock and Read – let's go on a rock hunt. Dig, dig, dig!

Thursday, July 26 at 10:00am – We have a special day planned this year for our finale! Our own **Linda Weiser** will be here to do **FACE PAINTING!** Linda is a wonderfully gifted artist and she uses only the highest quality face paint to create magical body art. Make yourself a sundae at our Sundae Bar and claim your Summer Reading Book Prize. Let's celebrate our Library because.....LIBRARIES ROCK!!!

AROUND TOWN

PETALS IN THE PINES SUMMER UPDATE!

We've got plenty of reasons for everyone (kids and grown-ups) to explore the great outdoors. For **kids**, this year we have a new feature: "**Tale Trails.**" Follow the page-signs of a nature book, reading as you walk along our woodland trails. The book pages will lead you to our Nature Explore Outdoor Classroom for fun, hands-on activities related to the story. Currently the book "One Small Place in a Tree" is posted through Thursday, August 16th.

Our third **Tale Trail**, featuring the book, "On One Flower," kicks off August 18th & 19th. We'll have special activities about pollinators and the insects that visit flowers from 9-3 on Saturday and 1-4 on Sunday. \$10 per adult and 1 child, \$5 for each additional child, infants free. Maximum \$20/family. This **Tale Trail** will be open through Thursday, October 11th.

Aside from our opening weekends, visitors can walk the **Tale Trails** any day of the week between 9-6. **Admission is by donation** (suggested \$5 - \$15 per family). Stop on the Farm Stand porch first for instructions (please leave your donations in the gray box mounted on the wall). Trails are not suitable for strollers; please leave pets at home.

"Spread Your Wings" Days are each Thursday from 9-2 for discovery time and spontaneous play in our Nature Explore Outdoor Classroom. (We'll be closed on July 5th and August 9th.) Pack a snack/lunch, dress for the weather, and come join us! \$10 per adult and 1 child, \$5 for each additional child, infants free. Maximum \$20/family. **NEW:** Hobbit Door and (re-opened) tree fort—more ways to cultivate young imaginations!

For our **adult** visitors, the **Self-Service Farm Stand** features whimsical Leaf Stone Bird Baths, Planters, and tabletops. Flower bouquets picked fresh from our gardens should be available Fridays through Sundays, and any other time by request. Watch for our flower sign by the road! We also design arrangements for **weddings and other special events** (call for details.) The farm stand is open from 9-6 daily.

Need some quiet time out in nature? Stroll our trails, and listen to the sounds of flowing water, calling birds, and chattering squirrels. Summer is a great time to do a self-guided Garden Tour (we have **25** theme gardens—enjoy them as they change throughout the season). **Trail** maps and guides for the **Garden Tours** (made possible by your donations) are available at the Farm Stand.

Visit petalsinthepines.com or call Donna at 783-0220 for more information. We're at 126 Baptist Rd. "Like" us on FaceBook or follow us on Instagram for updates as we add new features!



CANTERBURY 4H RASCALS

Our last business meeting of the 4-H year, and our Year-End Party, were held on Monday, June 4 at 6:30 pm in the Parish House.

Thank you to everyone who supported our plant fundraiser!

Upcoming summer projects include: cupcake decorating, zentangle, a class on how to make a Sculpey bowl, rug braiding, and a terrarium/aquarium/aerium workshop. Also, 4-H and Elkins Fish and Game club will be sponsoring a cardboard boat regatta. This event will take place on Saturday, June 30 at Pleasant Lake in Elkins NH.

The Canterbury Fair will be held on Saturday, July 28. At this event, there will be opportunities to volunteer to take a shift at the Ice cream booth.

The Hopkinton Fair will take place on Labor Day weekend. 4-H will be looking for volunteers to serve at the Ice cream Parlor and the country Kitchen. 4-Hers will also be able to promote 4-H by junior judging (ages 12 and up), creating a club exhibit, or monitoring the Ruth Kimball Exhibit Hall.

We will have two meetings in September. Our first meeting will be held on Tuesday, September 4 to welcome new members and return items submitted to the Hopkinton Fair. The second will be on Monday, September 10. Both meetings will start at 6:30 and will be held at the Parish House.

We are always happy to welcome new members! Those who might be interested in joining may participate in summer workshops.

Please contact Laura Crockford at 540-9877 or canterburyrascals4H@gmail.com with any questions.

~ Ethan Condi, Reporter



Rough Cut with Fine Woodworking

Be sure to tune in to NHPBS on Saturday, July 14 at 4:30 PM to see our hometown furniture makers Tom McLaughlin and David Lamb, featured on a special episode of *Rough Cut with Fine Woodworking*. David is the special guest and shares his magnificent carving skills with host Tom as together they build a beautiful walnut and butternut end table...must see TV!

- Parade at 10 AM – Starts at CES
- Fire Truck Rides
- Family Games in front of the church right after the parade, including tug-of-war and water balloons
- Fireworks at dusk

AROUND TOWN

Canterbury Shaker Village Upcoming Events

More information and tickets for all of these programs are available at www.shakers.org.

Mushroom Walk (July 8, 10am-noon)

Join Clinical Herbalist and Wild Forager Sara Woods Kender for a gentle jaunt through the forests and fields of Canterbury Shaker Village in search of medicinal and edible mushrooms. Sara brings her knowledge and foraging skills to the Village to share the healing ability of the fungus amongus!

Needle Felted Terrarium (July 14, 10am-4pm)

Join us to learn some beginner needle felting techniques and create felted flora for a unique terrarium! No experience is necessary and materials are provided including a felting tool kit you can take home with you and a glass terrarium. We will take a break for a picnic lunch and an inspirational walk around the grounds of the Village. Ages 15 and up.

The Woodright's Apprentice (July 14 or 28, 9am-4pm)

This workshop, great for a parent (or grandparent) and child, begins with learning to identify the trees commonly used by woodwrights; discusses how those trees were turned into lumber; examines the properties of different wood and the safe use of some basic hand tools. The workshop concludes with each team assembling and finishing a stool using no glue or metal fasteners!

Arts Week (July 17-21)

Arts Week at Canterbury is intended to harness The Shaker impulse to create, innovate and collaborate into a contemporary framework. Through the week, artists of varied genres will be invited to immerse themselves in the peace and solitude of The Village during which time they'll install existing works, imagine new works or simply begin something to be continued in their own work space. Throughout the week, visitors will have the opportunity to experience the creative process unfold. On Friday and Saturday, a scheduled showing of the artists' work will be on view. This will include dance, music, painting and photography and unexpected creations born in a setting as pristine and rare as Canterbury Shaker Village.

Visit <http://www.shakers.org/arts-week/> for the complete schedule of performances.

Trees of Shaker Village (July 25, 2-4pm)

The Shakers relied heavily on trees for their source of fuel, materials for buildings and furniture, maple syrup production and so much more. Learning about trees was so important that Elder Henry Blinn planted an arboretum behind the schoolhouse so that the children would learn to identify native tree species and study how different trees were used. Join naturalist Ruth Smith to learn to identify many of the trees that grow among the buildings within Shaker Village and discover some of their important stories and uses. If time and interest allow, further exploration into the woods may be included. Walking will generally be on level ground around the center Village. No prior knowledge or experience is necessary.

Moon Rise Garden Party (July 25, 5:30-7:30pm)

Take a garden tour with the Concord Food Co-op's organic gardener, Andy Messenger and learn about the special partnership between the Village and the Co-op. Try some of the Co-op's specialties and enjoy a free wine and beer tasting while a nearly-full moon rises in the east over the ponds and gardens. FREE for Canterbury Shaker Village and Concord Food Co-op members.

Shaker Oval Box No. 3 Workshop (August 4, 9am-4:30pm)

An authentic Shaker woodworking shop is a terrific location to create the quintessential Shaker oval box. Learn to carve, bend and assemble a No.3 Oval Box (cherry) from master box maker Barbara Beeler.

Free Day (August 4, 10am-4pm)

Admission to the Village is complimentary on this one day, our way of saying "thank you" to our local friends and surrounding community. Enjoy a tour, explore our self-guided exhibit buildings, walk our nature trails, or bring a picnic to eat on lawn. In addition to our regular tours, we'll also have a few special additions to our schedule, including a program designed for families with children and some in-depth examinations of Shaker life for knowledgeable visitors. Don't forget, it's your support as members and donors that makes our preservation of the Shaker legacy possible!

Learn to Tape a Shaker Chair (August 5 or 18, 9am-5pm)

If you've ever thought it would be fun to tape or re-tape your own Shaker chair – this is the workshop for you! Have you ever wondered how the Shakers wove those elegant chair seats without any ends showing? You'll learn to prepare the chair frame, calculate the quantity of tape required, plan a weaving pattern & tape the seat. You'll even get a tool kit to take home! You need to furnish your own suitable chair frame. If you don't have a chair you want to tape, you might be interested in the Shaker Chair in a Box workshop offered in September.

Feasting from the Cookbook: Seasoned With Grace (August 7, 6pm)

Join New Hampshire's favorite cooking instructor and chef Liz Barbour, owner of The Creative Feast for this deliciously interactive cooking demonstration workshop. Liz will begin with a discussion about Shaker cooking tradition and share her experiences with a variety of recipes featured in Eldress Bertha Lindsay's "Seasoned with Grace". Following the discussion Liz will demonstrate 2 recipes from the cookbook and share the tasty ins and outs of each. Generous samples will be available for all.

WEIGHTS AND WALKERS CLASS:

Beginning Friday, June 1st, the Strength Building Class will meet on Mondays and Fridays at 8:30 AM in the Parish Hall. All are welcome. Bring a mat and your own free weights (or you can choose from spare ones available at the Hall.)

If you would like to get some aerobic activity in, join those who walk before class at 8:00 AM. Meet at the back entrance to the Parish Hall off Hackleboro Road. Both activities are FREE and exercisers are encouraged to move at their own pace. We encourage each other!!!

AROUND TOWN

HISTORICAL SOCIETY NEWS

1800's EXHIBIT WILL BE OPEN EVERY SATURDAY IN JUNE FROM 10 AM TO 1PM

The 5th grade class at CES has researched and mounted an exhibit focusing on the 1800's in the Elkins Memorial Building (former library). Many community members along with the Historical Society and the library have loaned objects and materials for the show. The students worked from early November until the grand opening to research materials, plan the layout of the exhibit and to document its contents. The show will be open every Saturday in July from 10 AM TO 1PM. Please join us to see the wonderful show they have put together! Everyone's welcome!

~ Robert Scarponi

CANTERBURY FAIR BOOK (and Multi-Media) SALE

GOT BOOKS you'd like to find new homes for? The Canterbury Fair Book Sale will gratefully take them. In addition to "regular" books, we take DVDs or CDs with audiobooks, film, TV shows, and music as well – but we cannot take encyclopedias, textbooks, or dirty/damaged material. Please bring books in boxes, rather than bags, if you can.

BOOK DONATION locations and times:

Books and media can be left in the Fifield barn at "The Byre" on 112 Southwest Road until **July 11**. You can leave them in the red barn toward the back of the driveway – *between 1 and 6 PM only*. There'll be signs directing you and indicating where to deposit books.

Books can also be donated at the Meeting House in the Center on **Wednesdays** (4-7 pm) and **Saturdays** (9-12 am) from **July 11 through July 25**.

VOLUNTEERS wanted to help with . . .

- Collecting and organizing material on donation days at the Meeting House in the Center: July 11, 14, 18, 21, and 25);
- Setting up for the Fair on Friday afternoon, July 27;
- Working on the book sale during the fair on Saturday, July 28;
- Closing down at the end of the fair on the afternoon of July 28.

Any amount of time you can give will be helpful and greatly appreciated. If you want to volunteer or have questions, please contact Stephanie Jackson (783-0495 or sfjackson59@aol.com) or Paul Lepesqueur (783-4578 or karumi.karumi@gmail.com) or come to the Meeting House on one of the collecting-and-organizing days. Join us – it's a wonderful volunteer opportunity! You get to interact with great people and good books, and help make money for the Canterbury Fund, a charitable trust that aids Canterbury residents experiencing hardship, and funds selected projects that benefit the whole community.

Newslettercanterbury@gmail.com



Canterbury Woodchuck Classic 5k Chipmunk Scramble 2k Kids Run

Calling all Canterbury Runners and Walkers

Please join us on Saturday, July 28, at 9 AM for the Canterbury Woodchuck Classic 5K Road Race and 2K Chipmunk Scramble Kids Race in beautiful Canterbury NH.

Register on line at <https://www.runreg.com/canterbury-woodchuck-classic-5k>, or in person on race day starting at 8:00 AM. Registration for the race is \$20 for the 5K and \$1 for the kids fun run.

The race starts at the Canterbury Elementary School and ends just down the hill in downtown. But don't be in a hurry to leave after the race, stay and enjoy the Canterbury Fair. The fair will be in full swing at the end of the race with food, Morris dancing, children's games, What-Not sale, antique machinery demonstrations, book sale and so much more.

~ Brandyn and Michelle Lewis, Race Directors

Bake Sale Help Needed!

The Canterbury Fair is coming up soon, and we are looking for workers and bakers! We are having a Shaker Hand Pies baking session in the Parish House kitchen on June Friday, July 6th at 10:00. Come help! If you are able to donate an hour or more on Fair day or bake some goodies we would appreciate it! You can email me at mmequilt@comcast.net.

Thanks, Debbie Snow



Canterbury Fair Children's Games

I want to thank everyone who helped with the children's games last year. It was a huge success! Soon fair day will be upon us and once again I am in search of volunteers to help run the events. For every hour of the fair I need 6 volunteers. It is great community service and a lot of fun so if you or someone you know would like to volunteer please reach out to me at ennisfamily@comcast.net or call 603-491-8079. Be sure to leave a message if I am not available. Thanks so much!

~Traci Ennis

AROUND TOWN



WHAT NOT NEWS!!!! No Town Hall? NO Problem!

This year the What Not Sale at the Fair will be taking place in the CES gymnasium/cafeteria.

Volunteers are sorely needed to move, sort and price items:

Sunday July 15th. Table Move 10-11a

Tuesday July 17th The Byre Move 5-7p

Saturday July 21st Sorting/pricing noon -5p Item Drop off

Sunday July 22nd Sorting/pricing noon -5p Item Drop off

Monday July 23rd Sorting/pricing 4-7p Item Drop off

Tuesday July 24th Sorting/pricing 4-7p Item Drop off

Wednesday July 25th Sorting/pricing 4-7p Item Drop off

Thursday July 26th Sorting/pricing 4-7p Item Drop off **LAST DAY FOR DROPS**

Friday July 27th Sorting/pricing 9a -5p

SATURDAY JULY 28th FAIR DAY 7A-6P

Sunday July 29th Clean up 10a- noon

Monday July 30th Clean up, remove items for donation 10a-noon

WHAT NOT DROP OFF SCHEDULE 2018

All donations to the What Not sale can be dropped off at the following sites/ dates:

Saturday June 16th through Saturday July 14th
The Byre 1-6 pm Daily

Saturday & Sunday July 21 & 22
Canterbury Elementary School noon – 5p

Monday through Thursday July 23 - 26
Canterbury Elementary School 4-7p

NO DROPS FRIDAY JULY 27!!!!

**No large electronics, please.
Hold Large items until CES drop dates.
Thank you!!!**

See you at The Fair!!!



Town of **Canterbury**
NEW HAMPSHIRE

TOWN ADMINISTRATOR

Sam Lake House Update. The framing has been completed, exterior windows and doors installed and work on the exterior trim and siding has begun. The rough electrical and plumbing and heating has also started. With the dry weather we were able to catch up on our construction schedule, so we are back on track for our anticipated move in date in October.

The Police Dept. has hire two new employees. Aaron Smith and Justin Crotty will be full-time patrol officers.

The Board of Selectmen appointed members of the Energy Committee. They are: Nick Fox, Ruth Heath, Sandy Hodsdon, John Hebert and Fred Portnoy. Alternates are David Day and Claudia Leidinger. The committee met June 25th to elect officers and develop a mission statement.

I attended a seminar, "Road Maintenance 101 for Town Administrators and Elected Officials", hosted by UNH T2 Road Scholar program. This was an all-day seminar with topics of discussion on road design and construction, pavement management, pavement aging and life cycle and treatment options and timing, budgeting and maintenance strategies.

The Selectmen met with the elected representatives from our district and NH DOT officials to discuss several the state-maintained roads in Canterbury. Discussion included the intersection of Morrill Road and Kimball Pond Road, child safety in the town center and the re-classification process of State roads.

The Selectmen are pleased to announce the appointment of John O'Connor as our new Road Agent. John has worked for the Highway Dept. since 2004.

Paving projects for town roads this year include: Old Tilton Rd. from #38 to Clough Tavern Rd., Hackleboro Rd. between Lamprey Rd. and Orchard Rd. and from #150 to the end of the current paved section, Intervale Rd. from West Rd. to #163 and from #91 for approx. 1100 feet and from #222 for approx. 1650 feet. Shaker Road from Wyven Road to the town line will have a Sand Seal applied. Work is scheduled for August.

Independence Day celebrations will be held on Wednesday July 4th. A parade from CES to the Center, Fire Truck rides and children's activities will begin at 10 AM. The Fireworks will be provided once again by JPI Pyrotechnics and held at CES at dusk.

~ Ken Folsom
Town Administrator

AROUND TOWN

BHS OUTDOOR TRACK & FIELD

Alice Riley (2nd (1600m) & 4th (3200m)) and **Sana Syed** (4th (100m Hurdles) & 3rd (300m Hurdles)) led the Belmont HS girls' Outdoor Track & Field team to a 10th place finish at the *Division III State Championship Meet*. The BHS boys' team placed 3rd, led by **Hunter Dupuis** (1st (100m & 200m)). Also scoring individual points were **Connor Jackson** (4th (3200m)), Nick Randos (4th (800m)) and **Zach Ennis** (4th (1600m)). **Hunter** teamed up with Marc Forgione, **Lucas Mathieu** and Ben Hillsgrove to place 1st in the 4x100m Relay in a **School Record** time. Ending a busy day, **Hunter** teamed up with Nolan Gagnon, Nick Randos and **Zack Ennis** to place 2nd in the 4x400m Relay in yet another **School Record**. [Thirty-five (35) schools compete in Division III.]

Advancing to the *State Meet of Champions* were **Hunter Dupuis** (3rd (400m) (**School Record**)), Sana Syed (7th (300m Hurdles) (tied the **School Record**) & 10th in the 100m Hurdles), **Zach Ennis** (10th (1600m)), **Alice Riley** (14th (1600m)) and Nick Randos (14th (800m)). The boys' 4x100m Relay Team (**Lucas Mathieu**, Mark Forgione, **Hunter Dupuis** and Ben Hillsgrove) placed 9th.

Hunter Dupuis qualified for the New England Championships where he placed 7th in the 400m event (50.42). Hunter's *Meet of Champions* 400m time of 50.29 breaks the school record (50.9) set by Bill Annis in 1987.

Canterbury Youth Soccer



The season will run from September through late October

Preschool, K/1, 2/3, and 4/5/6 teams

Registration Nights will be held in August outside Elkins Public Library

Watch for signs and emails with additional details later in the summer.

We are excited for this year's soccer season. Your coordinator team is Laura Waldron, Barbara Slayton, and Laura Crockford.

We are in need of volunteers: coaches, referees, and people to line the fields.

Contact Laura Crockford at yogaforkids3@gmail.com with questions or if you can help.

Quaker Meeting at the Canterbury Fair

The Quaker Meeting will again have a tent at the Fair, probably near Dave Emerson's Old Ways and Traditions tents. We invite you to rest in the shade, sip some ice water, and relax. The kids can enjoy a simple craft activity to take home or just sit and unwind and read a picture book on a comfy quilt. If you'd like to know more about our worship services, our kids programs, and the Quaker Way, we'd be happy to chat with you (but don't expect a hard sell). We welcome seekers and if you are looking for a spiritual home, stop by and learn more.

Sing Your Heart Out

Because of unfolding plans for summer vacations, we have not yet set our July and August evening sings. But if you'd like to know when we'll have them this summer, please contact Ruth Heath 783-4401 or 724-4343 or ruthmheath@comcast.net. Lift your hearts as you rise your voice in song!

BROOKFORD FARM
SUMMER
Burger Nights
LAST FRIDAY OF EVERY MONTH 5:00 - 8:00 PM
MAY 25 • JUNE 29 • JULY 27 • AUG 31
ENJOY A 100% GRASS FED BURGER
WITH ALL THE FARM FIXINGS
BROOKFORD FARM ORGANIC VEGGIES,
HANDMADE CHEESES AND KRAUTS!
\$25 A PLATE FOR ADULTS AND \$10 FOR KIDS
(VEGETARIAN OPTIONS AVAILABLE)
RELAX AND ENJOY OUR FARM!
• FARM TOURS
• LIVE MUSIC
• BYOB
• BYOC (BRING YOUR OWN CHAIR)
• RAIN OR SHINE
LOCATED AT: 250 WEST RD, CANTERBURY, NH
WWW.BROOKFORDFARM.COM

Canterbury Kids Learning Center, LLC SUMMER OPEN ENROLLMENT

Summer will be here before we know it: what are your kids doing? Canterbury Kids Learning Center currently has a limited number of openings in our Summer Program for children ages 3-12.

We're located in beautiful Canterbury Center, within walking distance of CES playground, athletic fields, and Elkins Library, with our own fenced outdoor playground as well as a large interior space for play and organized activities during inclement weather. We have a great Summer planned with field trips, Science, Art, and Music projects to appeal to all our learners. We have a strong focus on child directed, teacher facilitated activities that are developmentally appropriate and engaging to a broad range of interests, and we can't wait to meet you and your child!

Please call or email for more information: A summer of fun and learning awaits! 603 783 4370 canterburykidslc@gmail.com

AROUND TOWN

FIRE DEPARTMENT NEWS

Fireworks can be a part of your summer family gatherings. Fireworks should always be used under the supervision of adults. To prevent injuries or damage to property it is important to remember the following safety tips:

1. Always have water on hand in case of an emergency.
2. Aim the fireworks away from flammable material and people.
3. Never extend body parts over the fireworks.
4. Remember to never relight a "dud" firework.

The town of Canterbury will have its annual firework display at Canterbury Elementary on Wednesday July 4th at dark.



Old Folks on Bikes

Per recommendation of our daughter, Susan, Anne and I decided to break out our deeply dust covered mountain bikes and try the Winnisquam Scenic Trail. Susan runs on it and loves it. Her take follows ours.

We drove up Shaker Road onto the main Street of Belmont Village, taking the left fork just after route 140 enters Main Street. At the immediate stop sign with the laundromat across go left up the hill – Church Hill Road which turns into Hurricane Road and ends at a stop sign on Union Road. Go right. Union Road goes to a stop light on Route 3 - Laconia Road. Go left and the Agway store will come up on the right almost immediately, after Piche's – a 25 minute drive. Parking for the southern terminus of the Winnisquam Trail is either at the trail entrance just beyond Agway or in the Agway parking lot.

It's a paved, often fenced, trail with easy grades and nice views of Winnisquam as it goes along side the lake. Good viewing bench and soon after covered picnic tables. Then nice mix of woods. The trail ends at Leslie Beach where it connects with the WOW Trail, about 2 miles. WOW trail proceeds through Laconia downtown and beyond toward Lakeport. The trail intersection is across the road to Leslie Beach which is exactly opposite where Route 11 intersects with Route 3. A 2 mile trail, 1 hour walk and less of a bike ride than the 45 minutes Anne and I took. There's parking at this end also. We heard one loon, quite near. I think the trail could be quite busy on weekends.

I plan on biking the trail again all the way to Downtown Gym in Laconia, where Susan teaches running, where her runs on the Winnisquam and WOW trails start. There is also parking there.

Recommended easy, level, smooth dirt and pine duff bikeable trails – along the Merrimack R. from Sewalls Falls Bridge, and Lehtinen Trails from end of Runnel's Road in Penacook along the Contoocook R.

~ Dave Emerson

LOUDON FOOD PANTRY

May 2018 Numbers

In April, we gave out enough food to create 6,130 meals that fed 564 individuals. Out of the persons being fed, 185 were younger than 18; 155 were older than 60 and 224 were in between the ages of 18 and 60.

Just a Reminder...

We are closed July 4th week.

What this means to the people that **receive food from us...**

During this closed week, there will be no appointments made to give out food. We gave them two weeks' worth of food during the last week of June.

What this means to **our donors...**

During this closed week, we will not be accepting donations.

Canterbury Fair – Saturday July 28th

We will be at the Canterbury Fair on Saturday July 28th. Our booth is usually located near the store. You will find information about the pantry and items sold to support the pantry there. We will also be collecting donations as well. Hope to see you there!

To find out more about the fair, go to <http://www.canterburyfair.com>.

Loudon Old Home Day – Saturday August 11th

South of the Border is the theme for Loudon Old Home Day this year. We will be there ready to answer any questions, hand out information, sell some items to support the pantry, and collect any donations! Drop by our booth and say hello!

Running on the Trails – and links to photos

I ran for 60 minutes on the nearby WOW trail and the connected Lake Winnisquam Scenic Trail on Friday and I had one of my most enjoyable runs ever. I got my heart rate up for a long time and this was a really good, intense workout. I enjoyed running the last 3 minutes at an accelerated pace, so it was a fast finish run. These trails both have very impressive scenic views of the lake, which enhanced my running experience in a way that I loved. I also admired the majestic evergreen trees. My run included some long, gradual hills which were great for getting my heart rate up and keeping it up. I look forward to running on these trails again soon, so I can admire the scenic lake views again. These views help make a challenging run feel so relaxing and fun.

There are some beautiful photos at this link that showcase the scenery on the Lake Winnisquam Scenic Trail. <https://www.traillink.com/trail/lake-winnisquam-scenic-trail/>. I especially love the lake view photo. Here is the WOW trail website <https://www.wowtrail.org>. I will take my own photos of this beautiful scenery this summer so I can share them with the group. (the 5K group Susan coaches)

~ Susan Emerson

CANTERBURY COMMUNITY NEWSLETTER

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Canterbury, NH 03224



Join the Canterbury Community Farmers Market for 4th of July in the Center, 10am-12:30pm

For this one Market, we are celebrating early in the day instead of our usual afternoon time. This way we all get to enjoy the parade and the kids' games, plus get all the veggies and fixins' for a great BBQ later in the day! Come listen to some classic fiddle tunes from Canterbury's own Dudley Laufman and join your friends and neighbors for a cold glass of tea or a chocolate dipped iced treat. Plenty of sweet and tasty baked goods, rustic breads, jams, pickles, and relish to round out a day of local goodness. Look for Rooty the Carrot to make a special appearance!

Here's the entire July and August schedule:

July 4, **SPECIAL TIME 10am-12:30pm**, Music by American Classic Dudley Laufman

July 11, We are Egg-sellent! (return to regular time 4-6:30pm), Music by the ever-popular Jordan T-W

July 18, How Sweet It Is!, Welcome musician Cameron Sutphin to the Market

July 25, Blues and Blueberries, Music by our friend Audrey Drake

Aug. 1, The SUPER Market (yeah, this isn't July, but we wanted to give you a heads up!), Music by Mark Hopkins and Friends

Aug. 8 -- Sandwich Slam (Make fresh Market sandwiches with us!)

Aug. 15 -- Let's Go Green (The peak of the season for greens and veggies!!)

Aug. 22 -- Pleased To Meat You! (Chicken, beef, pork, and bison are all pasture-raised in Canterbury and close by)

Aug. 29 -- ART at the mARkeT (Join NH Plein Air painters and celebrate our craft vendors)

Reminder: Your family or business can be a music sponsor! Ask how at the market Info tent.