From the Pastor

Greetings Canterburians!

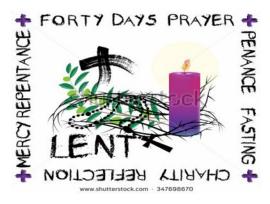
As I look out my window this morning I see the snow and ice we in Canterbury associate with the middle of winter, but glorious rays of sunlight are also shining in and through the ice on those same trees. Such glorious rays of sunshine aren't something one might typically associate with the middle of winter in Canterbury! It's the sort of day that makes me think of gardening...yes gardening. Any avid gardener will tell you preparations for their yearly garden start to take shape well before all the snow is gone for the year. Making garden plans and starting the seeds indoors while it's still cold outside is not only necessary for the most successful summer garden, but can be just the thing to pull one out of the midwinter blues.

Seeds of renewal are being planted here at CUCC as well. Our church is being reenergized by fruitful, forward-looking conversation, to help focus our efforts toward renewal and fresh growth in 2018. How appropriate that the reflective transformational season of Lent is upon us as well, beginning February 14th with our 7 p.m. Ash Wednesday service. In the Christian tradition, the season of Lent is a special time of opportunity to focus our spiritual practice on opening ourselves to God's transforming power in our lives. We seek to gain better self-understanding and a deeper understanding of Christ's work in our lives as we prepare our hearts to fully take in the miracle of Easter.

As you too look out your window upon the cold, snowy days in the coming weeks, I invite you to take in those glorious rays of sunlight pushing through to remind us that the seeds of growth and renewal are active beneath the surface of things. I wish you spring-like anticipation in your spirits and in the spirit of the community of Canterbury as you too prepare yourself for renewed life during this season.

God's Peace,

Pastor Sara



Upcoming February events

Feb. 4th Ella Mae's 94th Birthday!

Feb. 7th - Shaker School District Deliberative Session

Feb. 10-11 Cabin Fever Reliever

Feb. 14th - Ash Wednesday & Valentine's Day

Feb. 22nd - CES Jump Rope For Heart Event

Feb. 26-Mar. 2 Winter School Vacation

Published for the Community by the Canterbury United Community Church

February 2018

CANTERBURY UNITED COMMUNITY CHURCH

CHURCH OFFICE 783-9365
Tues., Wed., Thurs. mornings.
Please call first.
mycanterburychurch@gmail.com

RESERVE PARISH HOUSE 783-4419, Judy Patterson

CANTERBURY FAIR

twitter.com/CanterburyFair www.facebook.com/CanterburyFair

CANTERBURY NEWSLETTER

Deadline: 16th of the month <u>prior</u> to the month you want the article to Appear.

Editor: Denise Sojka 297 Southwest Road 783-9209 newslettercanterbury@gmail.com

PeopleNews:

newslettercanterbury@gmail.com

CES News: 783-9944 Mary Morrison mmorrison@sau80.org

Town Crier: Lois Scribner scribnerlois@gmail.com Note: The Town Crier needs news by NOON on Wed. to appear in the following Sunday Concord Monitor

AROUND TOWN

LOUDON FOOD PANTRY 724-9731

30 Chichester Rd., Unit D, Loudon Intake hours Tuesday - Thursday by appointment only. Office hours and donations accepted Monday - Thursday 10 a.m. - 1 p.m. and 3 p.m. - 6 p.m.. Closed Fridays. For more info or to see if you qualify for services, call Sue at 724-9731 or email info@loudonfoodpantry.org

106 BEANSTALK 783-4305

Mon.-Sat., 5:30 am - 9:00 pm Sunday, 5:30 am - 7:00 pm

CANTERBURY STORE 783-9933

Mon.-Sat., 6:30 am - 6:00 pm Sunday -; 8;00 am - 5:00 pm

BROOKFORD FARM STORE 724-4084 7:00 AM TO 7:00 PM EVERYDAY

POST OFFICE 783-4158

Mon. - Fri., 10:00 am - 5:00 pm (closed 12:30 -1:30 pm); Sat. 8:30 am - noon

TOWN OFFICES & ORGANIZATIONS

BUILDING INSPECTOR 783-9033

Scott Lacroix

buildinginspector@canterbury-nh.org TRANSFER STATION 783-9980

Wed., 4:00-6:45 pm, Sat. 8:00-5:45pm

transferstation@canterbury-n.org

FIRE PERMITS: see town website canterbury-nh.org

HIGHWAY DEPARTMENT 783-4123 canterburyhighway@canterbury-nh.org

LIBRARY 783-4386

Mon. 1:00-7:00 pm, Tues., 9:00-6:00 pm Wed. & Thurs., 9:00 am - 8:00 pm

Saturday, 9:00 am - noon CANTERBURY POLICE OFFICE

783-0433 (NON-EMERGENCY)

Concord Police Dispatch (non-emergency): 228-1010 EMERGENCIES – 911

FIRE DEPARTMENT

Fire Station: 783-4798 Fire Station Fax: 783-8964

Fire Chief email:

canterburyfire@canterbury-nh.org

Emergency calls: 911

SELECTMEN'S OFFICE AND ASSESSOR'S OFFICE 783-9955

Mon. & Wed. 9:00 am - 1:00 pm

Thur 10:00am - 2:00pm

selectmen@canterbury-nh.org assessing@canterbury-nh.org

TOWN CLERK/TAX COLLECTOR 783-0153

Monday 9 am - 3 pm, Tues., 3 pm - 7 pm Thursday, 12 pm - 7 pm

taxcollector@canterbury-nh.org

townclerk@canterbury-nh.org TOWN ADMINISTRATOR

kfolsom@canterbury-nh.org

PLANNING BOARD

planningboard@canterbury-nh.org

ZONING BOARD

zoningboard@canterbury-nh.org

CONSERVATION COMMISSION conservationcommission@canterbury-

nh.org

MONTHLY MEETINGS

Meet at the Meetinghouse (MH) unless Otherwise noted

CONSERVATION COMMISSION

2nd Monday, 7:00 pm MH

Fire & Rescue

(at Municipal Complex)

Business Mtg., 1st Mon., 6:30 pm Officers Meeting: Last Thurs., 7:00 pm

Trainings: All other Mondays, 7:00 pm

Library Trustees

2nd Monday, 7:00 pm, Elkins Library

Planning Board

2nd Tuesday, 7 pm, MH

4th Tuesday, as needed

Selectmen

1st & 3rd Monday, 6:00 pm, MH Solid Waste Committee meets on the 4th Monday at 6 PM at the Meeting House.

CLASSIFIEDS

GULF BROOK RENOVATIONS "When Ordinary Just Won't Do". Bathrooms, Kitchens, Additions & more. Aging-in-place specialist & Certified Green Professional. Jim Higgins 226-0212 www.gulfbrook.com.

"SHE'S HANDY"......Tending to your small jobs.
Painting, carpentry, odd jobs, extra hand, and your to-do list. 20+ yrs.
exp. – Insured- Donna Bond-724-5838 drbond1@comcast.net

CANTERBURY KIDS LEARNING CENTER offers a half-day preschool program with full-day child care, before/after school care and summer care for children 3-12 yrs. Located at the Parish House 783-4370.

MAQ DESIGN – offering quality custom upholstery, slipcovers that fit, and artisan window treatments – Where Quality Counts And Details Make The Difference! By appointment. maryann@maqdesign.net, 783-9640, maryann@maryanna.">maryann@maryanna.

CENTRAL ENERGY, LLC when was your furnace cleaned last? Central Energy, LLC "celebrating 85 years in business" Offering ductless A/C systems, traditional central A/C Installations & service. As well as all your oil heat needs for service, installations & annual cleanings. Oil tanks & water heaters too. Call Barry at 603-724-9603 here in Canterbury and visit us at www.centralenergy1.com

MAGOON TREE - Residential tree service. Snow removal, 70' bucket truck, 12" chipping, skid steer service, stump grinding. Fully insured. Brian Magoon 496-6835. magoontree.com.

SANBORN MEADOW FARM - Fresh eggs here in Canterbury! Our hens are out on pasture and fed organic soy-free feed. Pick up on farm or fall/winter delivery to Canterbury area. See our website for farmers market and CSA

information. www.sanbornmeadowfarm.com Call/text (603)340-8955.

CANTERBURY CENTER BED AND BREAKFAST - where history meets hospitality! Softly open during construction, and in between trips to UK. Please contact

on <u>lois@canterburycenterbedandbreakfast.com</u> or call <u>603 783</u> <u>0206</u> with inquiries. Reopening with additional single beds in the 4th bedroom in later spring. See website or Facebook page for progress: canterburycenterbedandbreakfast.com

EDWARDS & ASSOCIATES, CPA –Are you a small business owner? We offer complete Tax & Accounting Services for businesses & individuals. We don't just crunch numbers. We specialize in understanding your business so that you can focus on growth and profitability. Quickbooks ProAdvisors & Tax Resolution. We're local! Find us on Facebook http://facebook.com/eacpanh or call Kim Edwards 286-8000. Edwards & Associates, CPA P.C. http://fb.com/cpataxpronh and www.nhtaxpro.com

RIVERLAND ON THE MERRIMACK, a new Canterbury bed and breakfast, is now accepting reservations. Send us your tired, your hungry, your out of town relatives...Visit:

www.riverlandonthemerrimack.com or phone (603) 562-6059.

GUITAR LESSONS in my home in Canterbury. All ages - All styles of music. Berklee/New England Conservatory alum Tony (603)475-3471 tonyz84@aol.com

NEXT LEVEL AUTOMOTIVE, 320 Dover Road #11, Chichester – Maintenance and repairs, all makes/models. Small shop integrity, BIG on quality service and reasonable rates. Five-star Facebook rating! (603) 832-8584.

CLASSIFIED ADS CONTINUED ON PAGE 9

HOW TO PLACE A NEWSLETTER AD

The deadline is the 16th of each month. \$7 for 30 words or less or \$14 for up to 60 words. Please email ad to newsletter (see address below) and mail payment to CUCC, PO Box 216, Canterbury, NH 03224.

Must be received by the 16th!

Canterbury Newsletter *February 2018 * Page 2

CHURCH NEWS



The reflective, transformational season of Lent is upon us, beginning February 14th, with our 7 p.m. Ash Wednesday service. Please join us.

CANTERBURY BENEVOLENT SOCIETY COME JOIN US!

The mission of the Canterbury Benevolent Society is "to cultivate the spirit of Christ beginning with our own lives and reaching out into homes and communities and the uttermost reaches of the world."

Our local outreach each year includes donations to the Loudon Food Pantry, VNA Hospice, the McKenna House, CES School Nurse, and the NH Women's Fellowship UCC. We have money earmarked for Camp Sentinel for families who might need assistance. Each year we put together Health Kits for Church World Services.

We also coordinate and provide funeral receptions, in the Parish House, on request.

We changed the name of our organization from the "Ladies Benevolent Society" to our current name "Canterbury Benevolent Society" to be more inclusive. All are welcome! Membership dues are \$5.00 per year.

Our officers are Judy Patterson, President; Janet Pessolano, Vice President and Secretary; Denise Sojka, Treasurer; and Sandy Scripture, Auditor.

Our next meeting will be on Wednesday, February 14, at 1:00 pm, in the Parish House. Devotions will be read by Mary Colburn. Hostesses are Judy Nelson and Joan Leggett. Judy will be making a delicious soup. Joan will be making dessert. Bring your own sandwich and be ready for some friendly conversation.

Greetings to you all from A Light for Zimbabwe

I came back 12/16/17 after 5 weeks in our villages visiting our children and schools. Most are doing well. The biggest challenges remain food and poverty. In a world that seems filled with hopelessness, the generosity and caring of our supporters has empowered and inspired our children to be the best that they can be. We are so grateful. We will continue to move forward with hope for our 65 students from primary school through college.

I was lucky to be in Zimbabwe during the peaceful takeover of the government, people were literally dancing in the streets. The interim President has his work cut out for him as the money situation, unemployment and potential hunger remain huge challenges. With gratitude for your support.

~ Sue Heppenstall

CES NEWS



The Shaker Regional SB2 Deliberative Session will be held on Wednesday, February 7 at the Belmont High School beginning at 6:00 P.M. At this meeting the school budget and warrants will be explained, discussed, debated, and possibly amended. Voting to accept or reject each warrant will take place on March 13 at Belmont High School and Canterbury Town Hall. There will be no discussion or deliberation at that time, only voting by ballot. If the operating budget is voted down on the 13th, the school district will adopt the default budget, which is the 2017-2018 adjusted budget. This year there are three open school board seats, two in Belmont and one in Canterbury. Residents from both towns can vote for all open school board positions. Belmont residents will vote at Belmont High School and Canterbury residents will vote at Canterbury Town Hall, when voting in the town elections. There will be same day registration on March 13 and the polls will be open from 7:00 a.m. to 7:00 P.M. Individuals who qualify for absentee voting may contact Stacy Kruger, District Clerk, at 603-267-9223 ext. 5314. More information about the 2018-2019 school district budget and the SB2 process can be found on our district web site www.sau80.org

Physical Education teacher, Kristin Doucette is coordinating a Jump Rope for Heart event on Thursday, February 22 from 3:10 to 4:30. The children will be working to collect donations for the American Heart Association and then on the 22nd they will spend an hour demonstrating their jumping skills. They will conclude the afternoon with a "Jump Off" contest. This annual event has raised over \$6,000 for the Heart Association over the past three years. Hopefully, we will again be able offer another substantial contribution.

Calendar:

February 13 School Board Mtg. CES 6:00 P.M.

February 19 PTO 6:30

February 22 Jump Rope for Heart February 26 to March 2. Winter Vacation

~ Mary Morrison

LOVE IS IN THE AIR...

Love has no desire but to fulfill itself. To melt and be like a running brook that sings its melody to the night. To wake at dawn with a winged heart and give thanks for another day of loving.

~Khalil Gibran

Keep love in your heart. A life without it is like a sunless garden when the flowers are dead.

~ Oscar Wilde

LIBRARY NEWS

The library will be closed on **Monday**, **Feb. 19** in honor of Presidents' Day.

The next Trustee Meeting is **Mon. Feb.12 at 6:00**. During winter storms closings will be posted on Channel 9 (WMUR), the town e-mail and Facebook. If the public school is closed, the library likely is, too. Please call the library (783-4386) or Sue (783-4013) if you're in doubt.

ROCK N' READ is a music and movement program for babies and toddlers. Come join the fun on Tues. **Feb 13 and Feb 27** at 10:00. After a 45-minute program we gather for a craft or activity just for toddlers and babies. This program incorporates repetition and routine while introducing new themes and ideas.

STORY HOUR: Join us for winter stories, a craft and a dance party at **Story Hour** on **Tues. Feb. 6 and 20** at **10:00**. Wembly greets us all at Story Hour so make sure you come and visit!

CHILDREN'S LIBRARIAN NOTE: Please know that all Tuesday programs are designed to appeal to families with children of all ages. We have 6 day old babies through 5 years of age. Everyone is welcome!

LEGO CLUB: Come create! **Tues. Feb. 6 and 20** from **4:00-5:00**. This is a drop-in club so don't worry about signing up. Just come and enjoy! We have over 10,000 Legos to play with, so you should come!

<u>WINTER WARM UP!</u> Thurs. MARCH 1 at 11:00am. It's that time of year again! Let's have some fun on a cold, winter day at the Library. Join us as we welcome Simon Brooks, award winning storyteller of folk and fairy tales, myths and legends. After the show, we'll sit together and eat homemade macaroni and cheese and fruit treats. Check out Simon's website at https://www.diamondscree.com/. Fun for everyone! This is our February school vacation program and it's always well attended.

Young Readers Book Group: we are trying something fun and different for **Mon. Feb 12 at 3:15pm**. The members of this dynamic (and energetic) group are always eager to have fun, you should join us. This is for 4-7 graders.

<u>TAG</u>! (Teen Advisory Group): Recommend books and movies you'd like to see at the library, brainstorm and plan your own programs. **Mon. Feb 12 at 6:00pm**. This group is for 8th grade and up. This group is so much fun.

<u>OMBBC</u> (Old Man Boring Book Club) Join us to share reviews of history and biographical books that you have enjoyed. The discussion will be on **Thursday**, **February**, **1** at **7:00**.

<u>The BOOK GROUP</u> meets **Tues. Feb. 20 at 7:00** to discuss *Days Without End by* Sebastian Barry. Copies are available at the library for anyone that would like to join in.

RUG BRAIDING! Kate Goegel's beginner rug braiding session begins on Thurs. January 19 from 10:00-12:00 which will run for 3 weeks. If interested in Kate's next class, please contact the library at 783-4386.

<u>MEDITATE</u>: Friday, February 9 from 6-7pm. Join Fran Nash for some light Yoga stretching and a guided meditation. Wear loose comfortable clothing and bring a mat or blanket to lie on. The cost is \$5.

<u>The Zen of Adult Coloring</u>: Bring a friend, practice meditation and mindfulness or enjoy friendly conversation, have some refreshments while coloring relaxing designs with colored pencils and gel pens. Refreshments served. **Every Thursday at 1:30**.

Physicians for a National Health Program: Dr. Camilla Jones, retired pediatrician, will present a program representing the non-profit research and education organization (PNHP) which believes that access to high-quality health care is a right of all people and should be provided equitably as a public service rather than bought and sold as a commodity. Their mission is to educate about the need for a comprehensive, high-quality, publicly-funded health care program, equitably-accessible to all residents of the United States. Tuesday, February 27 at 7pm.

The Knitting Group continues meeting Wed. evenings at 6:30 by the fireplace.

Quilters every Wed. morning from 10 - 1.

Games! We have popular board games for all ages to enjoy at the library.

Puzzle Swap – stop by, take one and leave one. All puzzles should be at least 500 pieces and in very good condition with all pieces in the box.

Looking for more activities during school vacation? Try out these family passes: **SEE Science Center and The Currier Museum of Art**

<u>Download audio books, e-books & magazines!</u> Check out the website http://nh.lib.overdrive.com for more details and then contact the **library** if you would like to **register** for this service and receive the code required.

HAPPY BIRTHDAY, ELLA MAE!

FEBRUARY 4TH

Happy 94th Birthday to Ella Mae Cochrane!





THINK PURPLE!

FRIENDS OF ELKINS PUBLIC LIBRARY UPDATE

YES, I want to be a FOEPL! (Better known as a "Friend of Elkins Public Library")

Name:			
Address:			
Phone:			
Email:			
	PATHS TO "FRIEND"SHIP		
	Indiv	idual Member	\$5.00 per year
	Sust	aining Member	\$25.00 per year
	Spor	nsor \$5	60.00
Please bring your membership to the library, or send to			
Friends of Elkins Public Library, PO Box 300			
Canterbury, NH 03224			

FOEPL is a 501(c)3 non-profit – dues are tax deductible.

(Make out checks to FOEPL)



CANTERBURY 4H RASCALS

This month's meeting was held on Monday, January 8 at 6:30 in the Parish House. Thank you to everyone who participated in the NH Fish and Game Calendar Fundraiser!

Upcoming county events include: County Presentation Day which will be held on Saturday, March 10 in the Merrimack Valley High School. This event will include the following projects: posters, photography, demonstrations, action exhibits, and public speaking. Food show is coming up as well. This event will be held on Monday, February 10, at the Penacook Elementary school. Workshops will be offered for each of these projects.

Upcoming and ongoing projects include: fly tying, rug hooking, rug braiding, ice fishing, and calligraphy. We will also be holding our monthly stitching and crafting circles on Friday, January 26 and Friday, February 16.

Please contact Laura Crockford at 540-9877 or canterburyrascals4H@gmail.com with any questions.

~Ethan Condi - Reporter

HISTORICAL SOCIETY TRUSTEES HOLD ANNUAL STRATEGIC PLANNING SESSION

The Society's trustees gathered on January 6th for what has become an annual event, i.e. reviewing the past year's activities, assessing the Society's current situation and planning for the upcoming year and beyond. Many items were discussed including:

The One Room Schoolhouse Program – This will be our 11th year recreating the one room schoolhouse experience in which all Canterbury elementary school children participate as well as all the second graders from Belmont elementary school. The program will focus on the year 1887 and the curriculum will be designed as it might have been then. This is a program that has won national recognition and which all the students very much look forward to. Like to be involved? Let us know!

Exhibits – We plan to mount an exhibit later in the spring in the Elkins Memorial Building (former library) entitled "**Out of the Archives**", which will feature objects and materials from the Society's archive collection. Do you have an idea for an exhibit? We are "all ears"!

Programs – The Society will be sponsoring two "Humanities To-Go" programs in conjunction with the Elkins Library. The first will be on April 10th presented by Glenn Knoblock entitled, N.H. On High: Historic and Unusual Weathervanes of the Granite State". The second will be on October 23rd presented by Steve Taylor entitled, "Poor Houses and Town Farms: The Hard Row for Paupers". Both at 7 P.M. in the library. Do you have a program idea? Something you'd like to see? We'd love to hear from you!

Archive Collection- Strategies for managing the collection were discussed including organization, accessibility and growth. If this is an area of interest, let us know!

Sundry other issues- Some of which were the review of our current by-laws, committee structure, succession planning, signage, our new town history, continuation of oral history interviews and their transcriptions, potential grant applications, the Luther Cody glass negative collection and future planning. Interest in being a Trustee? Let's talk!

Clearly, we have many areas on which to focus and would welcome you to assist, volunteer, or contribute support to any area you might find of interest. Visit us at www.canterburyhistory.org or email us at canterbury.nh.historical.society@gmail.com

~ Robert Scarponi

TOWN-WIDE EMAIL LIST

The Town of Canterbury has a Town-Wide email list to distribute information. If anyone is not on the list and would like to be, contact me at : canterburytownemail@gmail.com This is a great way to get information out.

Thank you! ~Laura Crockford

FIRE DEPARTMENT NEWS Sixty-Four Years of Service

In 1978, the Town of Canterbury acquired a 1953 Dodge Powerwagon M37 through a State Forestry Loan Program. The retired military vehicle was converted to a forestry fire truck by Dale Caswell, Pete Angwin, Bob Lee, and Gill Gordon. It has fought fires in multiple towns including Belmont, Loudon, Concord and Pittsfield. It fought bravely during the 1980's D'Amante Drive brush fire. In the 1998 Brush fire season, it battled blazes up and down I-93. Its final act of service was the brush fire on Baptist Hill Road, which lasted 2 days and covered roughly 26 acres.

The truck was finally retired and returned to the state on December 20th, 2017. It has served us well and will be missed by the members of the Canterbury Fire Department. 1953-2017.

~ Guy Newbery, Fire Chief



TOWN ADMINISTRATOR NEWS

The Selectmen, Department Heads, Boards and Committees have finalized the proposed FY 2018 budget. There will be Warrant Articles for a new truck for the Highway Dept., two cruisers for the Police Dept., a commercial washer and dryer for the Fire Dept. and two voting booths. The Fire Dept. will also be applying again for the Assistance to Firefighters Grant program for replacement of Self Contained Breathing Apparatus.

The deadline for petitioned warrant articles is Feb. 5th. We will hold the first public hearing for the budget on Feb. 5th. The First Session of the Town Meeting will be on Tues. March 13th and the Second Session will be on Friday March 16th.

~ Ken Folsom, Town Administrator

Plowing Shaker Road in Canterbury?

Is anyone else concerned about the condition of Shaker Road in Canterbury, this winter? Well, I need your support, (strength in numbers)!

If you are <u>worried about the safety</u> of Shaker Road to drive on this winter, please write back ASAP! <u>gmillerenator@gmail.com</u> ~ Gary Miller

Canterbury, NH

CANTERBURY POLICE NEWS

There have been a few new happenings at the Police Department. The Police Department received a donation of "Neighborhood Watch" signs and as soon as the weather cooperates the Highway Department will put them around town. If anyone is interested in joining the Neighborhood Watch, please contact the Canterbury Police Department.

The Police Department now has the permanent "pharmaceutical drop box" it is located in the lobby of the Police Department. The drop box is for any unwanted prescription medication; however, it cannot take needles or liquid medication.

A reminder: State law also requires you to keep your car clear of snow so that it won't fly off your roof and hit the car behind you and don't forget our Town Ordinance: It shall be a violation of this ordinance to put, place, or store or cause to be put, placed, or stored snow or ice in or across any road in Canterbury during any private snow removal activities.

Also, please remember to bring your pets inside as the temperatures drop.

Since the last newsletter, the Canterbury Police Department has responded to 144 Calls for Service, 5 Motor Vehicle Accidents, issued 58 Citations (which includes warnings), investigated 10 incidents, and had 5 Arrests.

Finally, we're looking for help from the members of the Canterbury Community; The Police Department is looking for a new design for its cruisers. There are designs to choose from in the Town Office, the Community Page, and the Canterbury Police Department Facebook page. Please submit your response to the Canterbury police department email (canterburypolice@canterbury-nh.org) or on Facebook.

~ Chief Michael P. Labrecque

"To wear the badge is a choice, to serve the public is an honor"!

NEW BUSINESS OPPORTUNITY

Looking for an online resource of products and services offered in Canterbury throughout the year?

Everyone is welcome to join the Canterbury Business Community Facebook Group.

All Canterbury businesses are encouraged to join and introduce your business to everyone — Farmers, artists, B&B, plumbers, electricians, accountants ... you get the idea!

Let's grow this page together and support local businesses!

Search on FB: Canterbury Business Community

#supportsmallbusiness

Canterbury Shaker Village Upcoming Events

Cabin Fever Reliever – February 10, 12-4pm

Join us for this free winter event at the Village! Bring your own skis, sleds, and snowshoes, listen to live music, learn about the wintertime activities of the Shakers, and warm up with hot drinks!

Maple Weekend - February 24-25

Look out for more updates in the upcoming weeks about the activities we have planned for Maple Weekend in conjunction with other Canterbury institutions.

Also, mark your calendars for our Heifer Parade on Saturday, May 5, from 1am-3pm, as we mark the start of a new summer season.

CCFMA IS LOOKING FOR ... YOU?

Canterbury Community Farmers Market Association is looking for someone interested in community, local food, and farmers markets to shadow the role of the Market Administrator for the 2018 season.

Email mindy.beltramo@gmail if you would like more info!

Former Canterbury residents are seeking in-town house or apartment rental for the month of July 2018. Must be clean and sleep 6. Price negotiable and open to pet/house sitting scenarios, local references available.

Contact Melina <u>281-299-1222</u>

FOR CAN TAB COLLECTORS:

I continue to collect tabs to recycle for funds for David's House in West Lebanon, next door to Dartmouth-

Hitchcock Medical Center. Families of children in treatment at the hospital stay at David's House to be near their child. This is a project of the NH Farm Bureau Associated Women.

Please bring tabs to the Parish House or phone me, Ruth Mann at 783-9886.

Thanks, Ruth Mann



CABIN FEVER RELIEVER

Take the Cabin Fever Reliever Tour February 10th and 11th around Canterbury, Boscawen, and Loudon!

We'll give you great reasons to get out and about. Join artisans and local businesses for good food and good works. Visit with them as they are ready to share their offerings and stories with you, plus hands on activities and live music in some studios. This touring event is a chance to explore your community and meet with artisans, buy local, and participate in many different kinds of activities throughout the weekend. It is a chance to support your local artists and businesses!

Our participants this year include:

- Kathie Fife Photography, Jolene Cochrane, and Grain Fed Spoons at the Meeting House in Canterbury Center
- Marshall's Florist
- Cold Garden Spirits
- Canterbury Shaker Village
- Canterbury AleWorks
- Clough Tavern Farm Christmas and with Two Sisters' Garlic
- Old Ways Traditions along with Janet King and Mark Kneeland
- Egg Rock Studio and Good Earth Tea Co.
- Twiggs Gallery at Cornerstone Design with Adele Sanborn, SherRee West and visiting felting artist, Louise Jacobs
- Miles Smith Farm
- Fox Country Smoke House
- Riverland on the Merrimack
- Penacook Historical Society

Visit our website for more information on our participants at www.cabinfevernh.com or visit our Facebook page, www.facebook.com/CabinFeverRelieverNH/.



Did I offer peace today? Did I bring a smile to someone's face? Did I say words of healing? Did I let go of my anger and resentment? Did I forgive? Did I love? These are the real questions. I must trust that the little bit of love that I sow now will bear many fruits, here in this world and the life to come. ~ Henri Nouwen

NEW TRAIL

There's a new section of trail, part of the network of trails at Old Ways Traditions, 418 Shaker Road. The brook loop, fine in the Winter, but traversing two fields replete with ticks and poison ivy in Summer, needed an alternative. (The north loop offered more of the same.)

So now we have a new north loop! (It's actually an out and back trail.) The new trail offers much more interesting variety, and is only slightly longer. And the returning ascent up the 200' of elevation difference from the brook to Shaker Road is much more gradual.

Descend the original valley trail. Enjoy the views of Bean Hill Ridge. At the stonewall boundary of the east field continue along the east side of the stonewall, with similar views across the fields. Cross the valley road. Please do not go up the road onto private property. Then northeast across an open space and a small flowage to a break in an east-west stonewall. The trail quickly gains the top of an unusual massive rock ridge and an easy stroll to its north end. Good field and forest outlooks. You descend to the stonewall bounded corner of the north field.

Just north of here, and across the property boundary wall, is a very large glacial erratic that is worth a visit.

The trail continues angling from the field wall to the boundary wall and back to the field wall where an old (but recently used) logging road becomes the trail. Where the road makes a left turn from its easterly direction to due south the original brook loop leaves the road connecting to the walk along the interesting, lively brook.

Broken out trail will most likely end where the brook loop leaves the brook. You can return on the brook loop or go back the way you came – 1 hour, 1 ¼ hour in all.

We're doing our best to keep this out and back section broken out for snow shoeing. It's well flagged and pretty well brushed out. We'll clean the treadway more and blaze in the Spring. Enjoy! Call 783 4403 for conditions.

~ Dave Emerson Old Ways

INTRODUCTORY FLY TYING CLASS

If you love to fly fish, sign up to learn how to tie your own fishing flies.

A FREE Introductory Fly Tying Class will be held in the Parish House (lower level) on **Wednesdays February 7th, 21st and 28th.**

Class time: 6 to 8 p.m. All materials will be provided.

Class is limited to 8 people. 2 spots are filled by 4H students already!

Please email Jessie Tichko at <u>tshot@myfairpoint.net</u> to register or 783-4026

This class is sponsored through the New Hampshire Fish and Game department, Let's Go Fishing Program.

LOUDON FOOD PANTRY



Meal Numbers

In December, we gave out enough food to create 7,843 meals. In 2017, we gave out enough food to create 75,374 meals. This is a 10% increase over 2016. In 2017 we gave out an average of 8,375 per month.

Gift of Lights (NHMS Winter Wonderland) – Final Numbers

We received 11,676.95 in food and \$498.69 from Gift of Lights. This calculates out to equal enough for 11,725.55 meals for those in need in Belmont, Canterbury, Chichester and Loudon NH. Everything received from the Gift of Lights helps massively, especially where this winter has already been extremely cold and our patrons need to use available funds to keep their homes warm. Thank you, Gift of Lights, for another great year!

The LFP Challenge to Fight Hunger

We are challenging everyone to help raise \$10,000 in food and funds to be used to feed people that are food insecure.

Please spread the word! With your help, we can feed households in need. Thank you in advance for your consideration! All food and funds stay within Loudon Food Pantry! If you have any questions please call Sue at 724-9731.

The Challenge runs from February 1, 2018 and ends on April 30, 2018.

To be part of this effort...

Donate In-date Food (It will be counted as \$1.00 per item). **Donate In-date Meat or Produce** (It will be counted as \$1.00 per pound).

Donate funds (It will be counted dollar for dollar).

How can you donate?

You can mail or drop off donations to Loudon Food Pantry, 30 Chichester Rd., Unit D, Loudon NH 03307-0734. The office accepts donations Tuesday, Thursday and Friday, 10:00 AM – 4:00 PM.

Please note your donation "LFPC" if you want it included or just verbally let us know.

Everything from our donation sites will be automatically included in the LFP Challenge. The list of our donations sites are:

Elkins Library, Canterbury – Food
Camping World, Chichester – Food
Care Pharmacy, Epsom – Cash Bin
Loudon Station, Loudon - Food & Cash Bin
Loudon Village Country Store, Loudon – Cash Bin

Morris Practices Beginning Again!



Adult and young adult (5th grade and up) Morris Dancing practices are starting back up! For any current dancers, former dancers, and, by all means, anyone interested in joining! Morris Dance is a type of old English Folk Dance, which includes wearing awesome bells, sporting white snazzy hankies, and of course, CRASHING STICKS! You need to bring water, solid shoes (no sandals or crocs,) a set of hankies if you've got them, and a fun attitude! Our next practice will be:

Monday, February 19, from 6:30-8:00pm at the Parish House.

We will begin with the young children in June (grades 1 and up) so stay tuned for further information. If you are interested or have questions, please give Polly a call (783-8374, before 9 pm) and be ready to give her an email address. Hope to see people then!

Sing Your Heart Out Sat, Feb 3 7pm- 9pm Quaker Meetinghouse

Beat Cabin Fever with the "Sing Your Heart Out" Song Circle on Saturday, Jan 6 at the Quaker Meetinghouse, <u>11 Oxbow Pond Rd</u>.

Bring a snack/beverage to share, an instrument (optional!), your Rise Up Singing songbooks (or borrow ours), and a friend. Suggest a song to sing, or teach us a new one, or just enjoy singing along with others.

If you enjoy singing, this is for you! For more info, contact Ruth Heath 783-4401



COLLEGE ACCEPTANCES

The Town Newsletter is looking to celebrate any and all college acceptances for high school seniors who live in Canterbury.

Please email your exciting news to newslettercanterbury@gmail.com!





The Upper Merrimack Valley Group of the American Sewing Guild will meet at Riverland, 32 Oxbow Pond Road, Canterbury from 6:30 to 8:30 p.m. on Monday, February 12, 2018.

The program this month will be on the basics of sewing with knits and how to alter a T Shirt pattern. For more information, please visit: https://riverlandonthemerrimack.com/2018/01/14/american-sewing-guild-meets-at-riverland/. Newcomers are welcome. Please RSVP at bostonASG@yahoo.com.



CLASSIFIED ADS CONTINUED

New to Canterbury: Known throughout New England for over 24 years, APRYLLE & REED, FLUTE AND GUITAR have moved to Canterbury. *Elegant and Peaceful Music* for any special occasion. Whether it be a wedding, dinner party, corporate event, whatever, we can provide appropriate music from a repertoire that spans 6 Centuries. Call 708-1483 or email *reedd@worldpath.net* for more details.

New Guitar for Christmas?: Begin lessons with one of the most experienced guitar teachers in New England. From total beginners to very advanced players, all are welcome. Classical and finger style a specialty. Convenient to both the Canterbury and Loudon areas (3.5 mi from 106 Beanstalk). Complete studio, comfortable waiting area, reasonable rates. Call 708-1483 or email reedd@worldpath.net for more details.

CANTERBURY HOME CARE, care by the hour in your home or here. Cook, clean, personal care, med reminders, walk the dog... Whatever it takes for you to stay home! Call Canterbury Hall 783-9822 and leave a message for Cate.

CANTERBURY HALL is a licensed assisted living facility with large private rooms and attached baths available. We offer a family style environment with home cooked meals and friendships between Residents, families and staff. We consider ourselves a community in which people come to in order to continue living life as fully as possible. Please call 783-9822 and speak with Cate or Ann FMI. Canterburyhall.com 603-783-9822

ONE BEDROOM APARTMENT with large sunny rooms for rent. all utilities included. \$1100.00 a month. Call Cate at Canterbury Hall 783.9822

WOOD FLOOR SANDING & REFINISHING: If you're looking to update the interior appearance of your home by restoring your wood floors, I have over 12 years experience of quality work. Call Dave for a free estimate 603-231-9583

TAMMY'S CLEANING SERVICES - Cleaning, weekly or bi-weekly needs? Tammy's Cleaning can help. We get at all those hard-to-reach places! Reasonable rates, fully insured, and lots of long term references available too! Privacy and security is foremost in our business. Call or text 545-7903, or email tamsabaxtr@hotmail.com.

CANTERBURY COMMUNITY NEWSLETTER

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Order form for the 2018 Newsletter - Business Edition

Deadline: March 31, 2018

All proceeds will help offset the monthly cost of publishing and mailing the newsletter.

NOTE: The Business Edition is only for businesses located in Canterbury , OR businesses outside of Canterbury that are owned by Canterbury residents. Will consider businesses in surrounding towns that Canterbury residents frequent. Thanks!

Name:

Phone:

AD SIZE and COST:

- EIGHTH page (4 inches wide and 2 ½ inches tall, \$25)
- QUARTER page (4 inches wide by 5 inches tall, \$50)
- HALF page (8 inches wide, 5 inches tall, \$90)

ADVERTISERS (check what applies to you)

- Use my enclosed business card/ad copy as is.
- I will email everything to newslettercanterbury@gmail.com
- Here is my copy, choose a typeface and art for me.

NOTE: There are two businesses – insurance and travel- that are restricted from advertising in the Business Edition by US Postal Regulations.

PAYMENT: Checks made payable to CUCC with "business newsletter" on the memo line. Send your check, this form, and ad copy/art (if applicable) to Denise Sojka, 297 Southwest Road, Canterbury QUESTIONS? Call Denise Sojka at 783-9209 or email at newslettercanterbury@gmail.com