Auction News and Thanks

We owe thanks to so many people for the community auction of goods and services that it's difficult to know where to start!

The auction, held in the Parish House on Saturday, June 3, was a fundraiser for the Canterbury United Community Church. We received more than 90 donations from individuals and businesses, almost all of them in Canterbury -- and when the bidding was over, we had raised nearly \$11,000.

The tone of the night was set from the start by auctioneer Mike Little: fun, fast, lively and generous. Mike donated his services and he gave it his all, down to auctioning off the last plate of cookies.

Speaking of which, the sandwiches and desserts for the auction were provided by the Canterbury Benevolent Society and its friends. They were homemade, delicious -- and easy to eat while keeping one hand free to raise your bidding card.

And there was plenty of that. All who bid gave generously to support the church and the neighbors responsible for our great donations: garlic braids, fresh beef, smoked meats, squash rolls, painting lessons, beautiful artwork, electrical services, a log-length wood delivery -- even llama and alpaca poop fertilizer. (We could go on.)

Making it all possible were our unsung heroes, the setup, registration, cashout and takedown crews. And keeping it all moving were our tireless runners: Tommi, Mary, Abby, Henry, Cate and Anna.

What it all added up to was a great night in a great community. Thank you for your support of the church and its work in Canterbury and beyond.

~ LeAnne Fifield, Amanda Grappone Osmer and Mark Travis



July/August - Month at a Glance

July 4 - Independence Day Celebration July 6 - Start of Summer Reading Program - Elkins

July 9 - Shaker Village 225th Anniversary Celebration July 29 - Canterbury Town Fair!

August 2 - SUPER Farmers Market August 12 - Muchyedo Trail Excursion

August 20 - Canterbury Fiddlers' Picnic August 28 - First Day of School!

Published for the Community by the Canterbury United Community Church

July/August

CANTERBURY UNITED COMMUNITY CHURCH

CHURCH OFFICE 783-9365
Tues., Wed., Thurs. mornings.
Please call first.
mycanterburychurch@gmail.com

RESERVE PARISH HOUSE 783-4419, Judy Patterson

CANTERBURY FAIR

twitter.com/CanterburyFair www.facebook.com/CanterburyFair

CANTERBURY NEWSLETTER

Deadline: 16th of the month <u>prior</u> to the month you want the article to Appear.

Editor: Denise Sojka 297 Southwest Road 783-9209 newslettercanterbury@gmail.com

PeopleNews:

newslettercanterbury@gmail.com

CES News: 783-9944 Mary Morrison mmorrison@sau80.org

Town Crier: Lois Scribner scribnerlois@gmail.com Note: The Town Crier needs news by NOON on Wed. to appear in the following Sunday Concord Monitor

AROUND TOWN

LOUDON FOOD PANTRY 724-9731

30 Chichester Rd., Unit D, Loudon Intake hours Tuesday - Thursday by appointment only. Office hours and donations accepted Monday - Thursday 10 a.m. - 1 p.m. and 3 p.m. - 6 p.m.. Closed Fridays. For more info or to see if you qualify for services, call Sue at 724-9731 or email info@loudonfoodpantry.org

106 BEANSTALK 783-4305 Mon.-Sat., 5:30 am - 9:00 pm Sunday, 5:30 am - 7:00 pm

CANTERBURY STORE 783-9933 Mon - Sat 6:30 am - 6:00 pm

Mon.-Sat., 6:30 am - 6:00 pm Sunday -; 8;00 am - 5:00 pm

BROOKFORD FARM STORE 724-4084 7:00 AM TO 7:00 PM EVERYDAY

POST OFFICE 783-4158

Mon. - Fri., 10:00 am - 5:00 pm (closed 12:30 -1:30 pm); Sat. 8:30 am - noon

TOWN OFFICES & ORGANIZATIONS

BUILDING INSPECTOR 783-9033
Scott Lacroix
buildinginspector@canterbury-nh.org
TRANSFER STATION 783-9980
Wed., 4:00-6:45 pm, Sat. 8:00-5:45pm
transferstation@canterbury-n.org
FIRE PERMITS: see town website
canterbury-nh.org
HIGHWAY DEPARTMENT 783-4123
canterburyhighway@canterbury-nh.org
LIBRARY 783-4386
Mon. 2:00-8:00 pm, Tues., 9:00-6:00 pm
Wed. & Thurs., 9:00 am – 8:00 pm
Saturday, 9:00 am – noon

CANTERBURY POLICE OFFICE

783-0433 (NON-EMERGENCY)

Concord Police Dispatch

(non-emergency): 228-1010

FIRE DEPARTMENT

EMERGENCIES - 911

Fire Station: 783-4798 Fire Station Fax: 783-8964

Fire Chief email:

canterburyfire@canterbury-nh.org

Emergency calls: 911

SELECTMEN'S OFFICE AND ASSESSOR'S OFFICE 783-9955

Mon., Wed., & Fri., 9:00 am – 1:00 pm selectmen@canterbury-nh.org assessing@canterbury-nh.org

TOWN CLERK/TAX COLLECTOR 783-0153

Monday 9 am – 3 pm, Tues., 12 pm – 7

PIII

Thursday, 3 pm – 7 pm taxcollector@canterbury-nh.org

townclerk@canterbury-nh.org

TOWN ADMINISTRATOR

kfolsom@canterbury-nh.org

PLANNING BOARD

planningboard@canterbury-nh.org

ZONING BOARD

zoningboard@canterbury-nh.org

CONSERVATION COMMISSION conservationcommission@canterbury-

nh.org

MONTHLY MEETINGS

Meet at the Meetinghouse (MH) unless Otherwise noted

CONSERVATION COMMISSION

2nd Monday, 7:00 pm MH

Fire & Rescue

(at Municipal Complex)

Business Mtg., 1st Mon., 6:30 pm Officers Meeting: Last Thurs., 7:00 pm Trainings: All other Mondays, 7:00 pm

Library Trustees

2nd Monday, 7:00 pm, Elkins Library

Planning Board

2nd Tuesday, 7 pm, MH 4th Tuesday, as needed

Selectmen

1st & 3rd Monday, 6:00 pm, MH Solid Waste Committee meets on the 4th Monday at 6 PM at the Meeting House.

CLASSIFIEDS

GULF BROOK RENOVATIONS "When Ordinary Just Won't Do". Bathrooms, Kitchens, Additions & more. Aging-in-place specialist & Certified Green Professional. Jim Higgins 226-0212 www.gulfbrook.com.

"SHE'S HANDY".....Tending to your small jobs.

Painting, carpentry, odd jobs, extra hand, and your to-do list. 20+
yrs. exp. – Insured- Donna Bond-724-5838 drbond1@comcast.net

CANTERBURY KIDS LEARNING CENTER offers a half-day preschool program with full-day child care, before/after school care and summer care for children 3-12 yrs. Located at the Parish House 783-4370.

MAQ DESIGN – offering quality custom upholstery, slipcovers that fit, and artisan window treatments – Where Quality Counts And Details Make The Difference! By appointment. maryann@maqdesign.net, 783-9640, magdesign.net.

CENTRAL ENERGY, LLC when was your furnace cleaned last? Central Energy, LLC "celebrating 85 years in business" Offering ductless A/C systems, traditional central A/C Installations & service. As well as all your oil heat needs for service, installations & annual cleanings. Oil tanks & water heaters too. Call Barry at 603-724-9603 here in Canterbury and visit us at www.centralenergy1.com

MAGOON TREE - Residential tree service. Snow removal, 70' bucket truck, 12" chipping, skid steer service, stump grinding. Fully insured. Brian Magoon 496-6835. magoontree.com.

TAMMY'S CLEANING SERVICES - Cleaning, weekly or bi-weekly needs? Tammy's Cleaning can help. We get at all those hard-to-reach places! Reasonable rates, fully insured, and lots of long term references available too! Privacy and security is foremost in our business. Call or text 545-7903, or email tamsabaxtr@hotmail.com.

PETALS IN THE PINES, Our Nature Explore Outdoor Classroom is open each Thursday (except 7/6 & 8/10) from 9-2 for kid's "Spread Your Wings" days! "Storytime & Crafts" and "Nature Explorers" programs on Mondays. Now scheduling summer birthday parties! Self-service farm stand open daily 9-6. Flower bouquets available weekends and by request. Call Donna (783-0220); visit www.petalsinthepines.com. 126 Baptist Rd.

CANTERBURY CENTER BED & BREAKFAST: where history meets hospitality! Now taking bookings for guests and/or events summer and fall. Delicious and healthy breakfasts made with local produce. Email for availability and any inquiries to lois@canterburycenterbedandbreakfast.com or call 603 783 0206. Guests of residents receive 10% local discount.

FIREWOOD FOR SALE: It is not too early to order firewood. We offer quality, sustainably harvested, hardwood, cut 16", split and delivered locally. \$260/ cord plus mileage.

North Family Farm, Jill or Tim 783-4712

<u>HAY FOR SALE:</u> Taking orders for baled hay out of the wagon from fertilized fields; \$5.00/ bale. Reserve now for the 2017 season. North Family Farm, Jill or Tim 783-4712

HOW TO PLACE A NEWSLETTER AD

The deadline is the 16th of each month. \$7 for 30 words or less or \$14 for up to 60 words. Please email ad to newsletter (see address below) and mail payment to CUCC, PO Box 216, Canterbury, NH 03224.

Must be received by the 16th!

Canterbury Newsletter *July/August 2017 * Page 2

LIBRARY NEWS

The Trustees meet on Mon. July 17 at 7:00. There will be no meeting in August.

There is an opening for a Library Trustee in the fall. Please contact Sue if you are interested.

Elkins Library is closed on Tuesday, July 4 in observance of Independence Day.

STORY HOUR: Tues. **July** 18 at **10:00**. Even if you are not a preschooler, come and see what fun we have! We gather together and read a book, do a dance, have a snack and enjoy an activity or craft. In July we celebrate our Summer Reading theme – Build a Better World!

ROCK N' READ: Tues. July 11 and 25 at 10:00. Themed music and movement program for babies and toddlers including a craft and activity. The same group comes for Story Hour so it's an opportunity to meet your neighbors and make new friendships.

LEGO CLUB: Tues. July 18 from 4:00-5:00. This is a "drop in" club that requires no sign up! Come play together!

1000 Books Before Kindergarten. Reading to your baby is so important! Pick up your charts and stickers at the library, read 100 books, and receive a present! We have quite a few children nearing the 1000 mark AND the 2000 mark! Go kids!

<u>OMBBC</u> (Old Man Boring Book Club) will resume on Thurs. Sept. 7 at 7pm. Not just for men! Please join us, offer suggestions and tell us about the titles you've enjoyed.

Book Group: Resumes Tues. Sept 19 at 7pm. Copies of, "Flight of the Sparrow, by Amy Belding Brown will be available at the library late August.

Virginia LaPlante and I wanted to reach out to any of you quilters in town. There is a group that meets at the library from 10 to 1 on Wednesdays. I joined the group after retiring from the Post Office last year so I could stay in touch with many of the friends I've made here in town. Several of the group have moved from town and we would like our numbers to grow again. Is there a better day or time? We'd be pretty flexible. We just really enjoy the creative and social aspect of a quilting bee. Please feel free to contact Virginia or myself, Pat Grandmaison either via email at patspoint2@gmail.com or call at 491-6275. Thank you!

<u>Zen Coloring</u> continues every Thurs. from 1:30 to 3. Gentle music, coloring supplies and refreshments.

<u>Meditate</u>: Join Fran Nash for an hour of gentle stretching and meditation Friday, **July14 at 6:00.** Wear loose comfortable clothing and bring a mat or blanket to lie on. **\$5.**

Family Passes- Call to reserve the pass you would like to borrow (783-4386)

SEE Science Center Currier Museum of Art Squam Lake Science Center Shaker Village Download audio books and Digital Magazines! Check out the website http://nh.lib.overdrive.com for more details and then contact the library if you would like to register for this

service and receive the code required.

Newslettercanterbury@gmail.com



BUILD A BETTER WORLD! 2017 Summer Reading!

The Library is a PERFECT place for children and families to become empowered to

build a better world!

This summer, we will be creating, building and discovering through books, crafts, activities, food and music. Our activities together will help us to discover the beautiful world around us and teach us how we can make positive changes to help our planet!

Thursday, July 6: 10:00am - <u>Let's Build It!</u> - today we build super structures out of found materials and talk about simple machines and engineering. We will have a range of building opportunities for all ages.

Tuesday, **July 11**: <u>Rock and Read</u> at 10:00am - bring out the building blocks!

Thursday, July 13: 10:00am - <u>Come and Discover</u> - for us to make a better world, we should learn all we can about the planet we live on. We will enjoy music, foods and games from all over the globe.

Tuesday, **July 18: 10:00am** – <u>Story Hour</u> at 10:00am – we will enjoy an African tale and learn some new songs.

Thursday, July 20: 10:00am - Explore and Transform - children enjoy working to keep the planet clean, they are building a better place every day! Our activities and crafts will revolve around conservation and nature!

Tuesday, July 25: 10:00am - Rock and Read - we have many new scarf songs to learn!

Thursday, July 27 at 1:00pm: <u>OUR FINALE with BRYSON LANG.</u> At Bryson's show you'll see flying sombreros, sharp sickles, huge spinning rings, upside down bounce-juggling, giant beach balls, glo-in-the-dark objects, a tennis racquet and always a few surprises. Book prizes will be awarded and a make-your-own sundae bar returns to Elkins Public Library!

Attention Middle School students! Elkins has copies of each title on your summer reading list. Please remember to return your books on time!

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CONGRATULATIONS BELMONT HIGH SCHOOL TRACK & FIELD

The Belmont HS boys' track and field team placed 2nd at the Division III State Championship on May 27, four points behind Monadnock HS.

Leading the boys' team was **Eli Allman** who placed 1st (110m Hurdles) (school record time), 5th (300m Hurdles) and joined with **River Mathieu**, Marc Forgione and **Hunter Dupuis** for 2nd in the 4x100m Relay. **River** and Marc placed 5th and 6th respectively in the 100m. **Hunter** placed 1st in the 200m and teamed up with **Adam Sojka**, Nolan Gagnon and lan Remenar for a 1st place finish in the 4x400m Relay (school record time). **Adam** placed 3rd in the Triple Jump and lan placed 2nd (300m Hurdles) (school record time) and 6th (110m Hurdles). Nick Randos placed 6th in the 1600m.

The BHS girls' team placed 7th in the 37 school Division III State Championship Meet. Leading the team was **Alice Riley** who place 1st (3200m) and 3rd (1600m). **Jasmine Syed** (5th, 800m) joined Alexus Day, **Emma Chase** and **Jessica Hutchinson** for a 1st place finish in the 4x800m Relay (school record time). **Sana Syed** placed 4th in the 100m Hurdles.

The boys' 4x100m and 4x400m Relay teams went onto school record setting performances at the State Meet of Champions on June 3.

~ John Goegel

CONGRATULATIONS

Steven Donelan graduated from Bishop Brady High School. He will be attending Norwich University.

Nate Bowler graduated from Bishop Brady High School. He will be a Post-Graduate Student at the Holderness School where his sister, **Gwen Bowler**, will be a freshman.

Michael Burbank graduated from Bishop Brady High School. He will be attending NHTI to complete his general studies and finish at SNHU with a degree in Finance and Marketing.

"Summer is a period of luxurious growth. To be in harmony with the atmosphere of summer, awaken early in the morning and reach to the sun for nourishment to flourish as the gardens do. Work, play, travel, be joyful, and grow into selfless service. The bounty of the outside world enters and enlivens us."

-Paul Pitchford

CANTERBURY FIDDLERS' PICNIC

The (usually) annual Canterbury Fiddlers' Picnic just barely got scheduled for Sunday, August 20, 2pm to 5pm, followed by a potluck supper. It will be an enjoyable afternoon of playing and/or listening to music, followed by sharing a meal together. We are hoping for good weather so that we can play our music on the green beside the gazebo. In case of rain, we'll play in the Parish Hall.

This is a event for any and all fiddlers and other musicians who enjoy playing traditional (usually dance) music to spend an afternoon jamming and visiting. ALL players, regardless of level, are cordially invited. I hope we will have various styles (New England, French Canadien, Scandinavian, etc.) represented. My good friend, Sue Hunt, will be bring her keyboard. Her solid piano beat is great for keeping all the musicians together.

People that don't play an instrument are encouraged to bring a blanket or comfortable lawn chair to make listening more enjoyable. Children are always welcome. If we are able to be outside there is choice of sun or shade. About 5pm we will adjourn to the Parish Hall where there is a full kitchen and plenty of tables and chairs.

For questions, feel free to call me at 783-9826. Please leave a message if I don't answer. Or e-mail me at teresawyman@comcast.net.

Hope to see you there!



Canterbury Woodchuck Classic 5k Chipmunk Scramble 2k Kids Run

Calling all Canterbury Runners and Walkers

Please join us on Saturday, July 29, at 9 AM for the Canterbury Woodchuck Classic 5K Road Race and 2K Chipmunk Scramble Kids Race in beautiful Canterbury NH.

Register on line at https://www.runreg.com/canterbury-woodchuck-classic-5k, or in person on race day starting at 8:00 AM. Registration for the race is \$20 for the 5K and \$1 for the kids fun run.

The race starts at the Canterbury Elementary School and ends just down the hill in downtown. But don't be in a hurry to leave after the race, stay and enjoy the Canterbury Fair. The fair will be in full swing at the end of the race with food, Morris dancing, children's games, What-Not sale, antique machinery demonstrations, book sale and so much more.

~ Brandvn and Michelle Lewis. Race Directors

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Canterbury 4H Rascals

Our last business meeting of the 4H year, and our year-end party, was held on June 5th. The theme was outer space. Our new officers for the coming year are: Connor Jackson, President; H La Vallee, Vice President; Cate McDonald, Secretary; Jacob Condi, Treasurer; Cecilia Condi, Historian; Yesi Gillespie, Recreation chair; Madison Noel, Refreshment chair; Ethan Condi, Reporter; and Emma Galonski, Healthy living officer. Congratulations to everyone elected!

Nine members participated in State Activities Day, on May 20th at Manchester Community College. Members who were recognized with medals and an invitation to the Eastern States Exposition (the Big E) are: Cate McDonald, Jacob Condi, Ethan Condi, Emma Galonski, Jacob Bowser, and Mya Maas-Kisiel. Congratulations to all who participated!

Upcoming summer projects include: kayaking, exploring the Society for the Protection of NH forest land, and fabric outlet cover workshop.

We will have two meetings in September. Our first meeting will be held on Tuesday, September 5th, and our second will be on Monday, September 11th. From October through June, we meet on the first Monday of the month (unless it falls on a holiday). Anyone who will be 8 by January 1, 2018 is welcome to join the Rascals. Enrollment is in September, but they may participate in summer projects if interested.

Please contact Laura Crockford at 540-9877 or <u>canterburyrascals4H@gmail.com</u> with any questions.

~Ethan Condi - Reporter



INDEPENDENCE DAY!

- Parade at 10 AM
- Kid's Games in front of church immediately after the parade

Fireworks at Dusk



The 2017 Sunset Mountain Challenge!

The SMF&G Club has once again voted to offer a \$500.00 Challenge to aid in raising funds for the Canterbury Newsletter. We hope to see that it meets with the same success as in years past.

Please send your donations to CUCC (Canterbury United Community Church), PO Box 216, and mark your check "Sunset Mountain Challenge." If the church gets \$500.00 in donations, the Sunset Mt. folks will match it, dollar for dollar.

Thanks to all who can help us meet this incredibly generous offer. Many thanks to SMF&G!

We have almost reached our goal of \$500.00. Any amount helps!



O beautiful for spacious skies,
For amber waves of grain,
For purple mountain majesties
Above the fruited plain!
America! America! God shed His grace on thee,
And crown thy good with brotherhood
From sea to shining sea!

~ by Katharine Lee Bates - 1913

Canterbury Community Farmers Market

New Record Set at Market!!

WOW! 305 friends, supporters, neighbors, newcomers, kids and young at heart, a stage-full of musicians and a bevy of cooks and servers all showed up at the Market for the "Taste of Summer" community BBQ. This was our biggest Market ever!! Again, WOW!

First and foremost, THANKS to our friend Amanda and the Grappone Automotive Group for their support of the Market this season. It is through their generosity that this community event was possible!

Thanks to all the Board members and volunteers who give of their time and labor to do the planning, move the tables, get the veggies, grill the meat, serve us all, and clean up afterward!

Thanks to the Elkins Library staff for helping to pull this event off by offering space and tables and outlets and advice and water and, increasingly, tech support!!

Thanks to the Canterbury community, and our neighboring towns and neighbors, who have supported this Market with increasing enthusiasm for the past 11 years.

Last, but not least, let us not forget the reason that we all gather in the center each week for the summer season -- it is to give thanks to all the hard work that our vendors put into growing and harvesting and canning and pickling and milking and creating and doing everything they do to produce all the local goodness that was tasted in each and every dish at the BBQ!

Schedule of Events for July & August

The Market is held each Wednesday in the parking area and field adjacent to the Elkins Library. It's amazing to us that some folks in town haven't been to visit yet, and this is our 11th year! If you are someone who says "Well, maybe I'll go sometime..." why not come this week? Bring a friend or two and you'll all be happy that you came! Each week features 20+ local vendors with all the goodness you've come to expect at a farmers market, plus crafts that you will be happy to gift to a bride or graduate (or more likely keep for yourself), live music to keep the atmosphere snappy, and a kids activity to go with the week's theme! We also accept Credit/Debit/SNAP/EBT cards, and offer \$20 matching funds for the first \$20 of a person's SNAP benefit used

Find us on Facebook for the latest Market News and Vendor Updates, go to our website www.ccfma.net, or send us an email to canterburyfarmersmarket@gmail.com and we will add you to our Market News Email list (one quick Email reminder a week with vendor updates, etc., and we never sell or rent our list!)

Farmers Market Fast Fact: Of the 27 vendors we have at the Market, 15 of them are from Canterbury itself! And all of our vendors come from within a 30 mile radius of Canterbury. WOW!

JULY 2017

Wed., July 5 -- This week's theme is "Red, White, & Blue." Special treat for kids: an epic scavenger hunt! Music by Dudley Laufman.

Wed., July 12 -- This week's theme is "How Sweet It Is!" The Market always has a delicious selection of local syrup and honey, plus sweet baked goods and ice cream. Music by Audrey Drake.

Wed., July 19 -- This week's theme is "We are Eggsellent!" Looking for fresh local chicken or duck eggs, and even turkey eggs? You can get them fresh, or if you're lucky, you can even find them pickled! Special Musical Guest: Jordan Tirrell-Wysocki. Check www.ccfma.net or Facebook for more details.

Wed., July 26 -- This week's theme is "Blues and Blueberries." Great music by Andrew Miller and the very bluest of berries. Shop our vendors for blueberry baked goods and more!

AUGUST 2017

Wed., August 2 -- It's the annual "SUPER Market," our biggest Market of the season with many guest vendors! Bring a friend, have a picnic, and celebrate the start of NH Eats Local Month. Music by Canterbury's own Mark Hopkins and Friends.

Wed., August 9 -- This week bring a friend and "Make New Friends!" Our Market is more than just tomatoes – we have everything from fresh lobster to hand-cranked socks! Get to know the local vendors who join us each week, plus an epic scavenger hunt for the kids. Music by Just Because.

Wed., August 16 -- Can you "Name That Veggie"? This week is all about local produce that you may, or may not, know! Music by Fiddlin' Bill Perry and Speed the Plough.

Wed., August 23 -- This week's theme is "Pig Out!" Learn more about the goodness of local, pasture raised pork. Music by TAPAS. Check www.ccfma.net or Facebook for more details.

Wed., August 30, Come find "ART at the mARkeT" with special guests from Canterbury Shaker Village and NH Plein Air Painters. Music by Canterbury's own Tim Gurshin.



SHAKER VILLAGE NEWS

This year, as the Village celebrates its 225th anniversary, there are some special opportunities for the Canterbury community to visit us. On July 9, in collaboration with the Canterbury Historical Society, the Village will host a 225th birthday party for the Shaker community in Canterbury. Please join us for cake and ice cream floats in the Horse Barn from 3-5 pm that day.

The Village would also like to invite all Canterbury residents to visit the Village for free during the 2017 season as another way of celebrating the 225th anniversary. Just check in at the Visitor Center and provide your address to receive guest passes for a visit and a tour.

Upcoming Events:

Cabinetry & Woodwork of the Dwelling House Tour – July 5, 2-3pm

Join a Village interpreter for an in-depth look at the beautiful woodworking in the Dwelling House. This program will explore the concept of "Hands to work, hearts to God" and the Shakers' belief that all work was prayer, leading to a reputation for quality workmanship that is still unsurpassed today. (Tour included with general admission or free for members.)

Textiles Tour - July 19, 2-3pm

Explore the changing world of the Shaker sisters' textile industries through a tour of the Spin Shop, Laundry, and Sisters' Shop. Over the two hundred years that the Shakers resided at Canterbury, the sisters produced everything from household linens, to clothes, to machine-knit sweaters. (Tour included with general admission or free for members.)

Members' Garden Party - July 19, 5:30-7:30pm

Join us as Shaker Organic Garden Manager Stacey Cooper gives tours of the garden and Concord Food Co-op General Manager Chris Gilbert discusses what this partnership means for both organizations. Light refreshments will be served, including treats made with produce fresh from the fields. Not a member? Admission for non-members is \$7/person (which can be applied to a Village membership if purchased the same evening).

Learn more about our upcoming workshops and register at the Village's website (<u>www.shakers.org</u>):

"Learn to Tape a Shaker Chair" – July 15, 9am-5pm (also offered August 20)

If you've ever thought it would be fun to tape or re-tape your own Shaker chair – this is the workshop for you! Have you ever wondered how the Shakers wove those elegant chair seats without any ends showing? You'll learn to prepare the chair frame, calculate the quantity of tape required, plan a weaving pattern & tape the seat. You'll even get a tool kit to take home! You need to furnish your own suitable chair frame. If you don't have a chair you want to tape, you might be interested in the Shaker Chair in a Box workshop!

"Move Towards Wellness Retreat" - July 28 & 29

The Move Towards Wellness Retreat, a two-day program, will offer participants various yoga, Pilates, and Tai Chi classes. Many of the classes will be held in the iconic Meeting House. Participants will be encouraged to find inspiration, reflect, and document moments throughout the weekend. Guided walks and time to wander alone and rest will be available. This retreat promises to provide wellness and relaxation along with the context of the Shaker legacy of simple living, health, and peace.

"The Woodwright's Apprentice" – July 29, 9am-4pm (also offered August 12)

This workshop, great for a parent (or grandparent) and child, begins with learning to identify the trees commonly used by woodwrights; discusses how those trees were turned into lumber; examines the properties of different species of wood and the safe use of some basic hand tools. The workshop concludes with each team assembling and finishing a stool (which they get to take home) using no glue or metal fasteners!

Shaker Inspirations: A Day of Music and Dance – August 5, 10am-7pm

A day devoted to cultivating personal inspiration, Canterbury Shaker Village invites you to picnic on the Village grounds, expand your thinking, discover something new, and enjoy the beautiful scenery. Shaker Inspirations will feature special dance and music programs, demonstrations, and more. An evening performance of the Shaker-inspired dance collaboration, *The Zealous Laborers*, concludes this exhilarating day.

Shaker Oval Box No. 3 – August 5, 9am-4:30pm (also offered August 12)

An authentic shaker woodworking shop is a terrific location to create the quintessential Shaker oval box. Learn to carve, bend and assemble a No.3 Oval Box (cherry) from master box maker Barbara Beeler. You will leave your class with a completed box. All tools and materials will be provided.

Mushroom Walk - August 13, 10am-noon

Join Clinical Herbalist and Wild Forager Sara Woods Kender for a gentle jaunt through the forests and fields of Canterbury Shaker Village in search of medicinal and edible mushrooms. Sara brings her knowledge and foraging skills to the Village to share the healing ability of the fungus amongus! She will talk about mushrooms' medicinal values as well as how to prepare them for use as medicine.

Town-Wide Email List

The Town of Canterbury has a Town-Wide email list to distribute information. If anyone is not on the list and would like to be, contact me at : canterburytownemail@gmail.com This is a great way to get information out.

Thank you!

~Laura Crockford

HISTORICAL SOCIETY



June 18, 2017 was a very special day in Canterbury. Ella Mae Cochrane was presented with the *Boston Post Cane*. The cane is given to the oldest resident, as a sign of respect. Ella Mae has resided in Canterbury for most of her life, arriving as a very young child. She has been a valued citizen, beloved friend and an inspiration in how to live a joyful and productive life! Congratulations and much love, Ella Mae!

SEE YOU AT THE FAIR!....COME SEE THE RAILROAD EXHIBIT

The Historical Society welcomes you to come to the Elkins Memorial Building on Fair Day to view our current exhibit about railroading entitled, "A Trip Through Time on the Canterbury Railroad". The exhibit spans the story of trains and railroading in Canterbury over 150 years and will appeal to folks of all ages!

...... BUY YOUR COPY OF OUR NEWLY PUBLISHED TOWN HISTORY

While at the exhibit, you can purchase the new, just published, 20th Century history of Canterbury entitled, "Staying Small in a Century of Growth" written by well-known author Kathryn Grover with the support of over 200 Canterbury residents. Containing over 600 pages and 175+ photographs, this very readable book is a record of the many forces, events and people who shaped our wonderful town over the span of 100 years from 1900 to 2000.

......VISIT OUR HOUSER CENTER ONE ROOM SCHOOLHOUSE

Over 200 Canterbury and Belmont students came to the schoolhouse during the month of May where they experienced what it was like to attend a one room schoolhouse. The Canterbury students experienced a replication of Canterbury 100 years ago in 1917 and <u>all</u> Belmont second graders experienced the year 1880. We're sure your children would love to show you the schoolhouse, so come visit on Fair Day to get a sense of the great experience the children had!

COME TO SHAKER VILLAGE ON JULY 9TH

You are invited to a special "Birthday Party" on July 9th from 3:00 to 5:00 P.M. to celebrate the 225th anniversary of the founding of Canterbury Shaker Village. All Canterbury residents are invited to enjoy cake and ice cream floats. Admission is free for all Canterbury residents. We look forward to seeing you at this special and fun event!

OH! AND YOU CAN ALSO BUY A COPY OF THE NEW HISTORY AT....

.....Elkins Public Library, the Canterbury Country Store and Shaker Village gift shop. The cost is \$40.00. Visit www.canterburyhistory.org for ordering information, and, also to see what else is going on at the Historical Society.

LOUDON FOOD PANTRY



New Income Guidelines Released

As of July 1st, the new Program Eligibility Guidelines for the USDA Surplus Commodities goes into effect. These are the guidelines we use to determine whether a person is eligible to receive food from our pantry. As always we

have these guidelines posted on our website (loudonfoodpantry.org) under the "Need Help?" tab. The figures will be updated on July 1st.

If you are in need of our services but are not sure you qualify, our "Need Help?" tab will help you decide. If not sure, call 603-724-9731 and speak with Sue. Please don't wait until you have no food to call! We are here to help!

Donate Online Using Your Credit Card Fee Free

Our merchant, Braintree, will not charge us any fees for credit card donations until we hit a total of \$50,000. We are in dire need of funds to help us make it through the summer. So please go to LoudonFoodPantry.org and donate today! Thank you for your consideration!

Canterbury Community Farmers Market

Check out the Farmers Market every Wednesday from 4:00 pm - 6:30 pm. The Market is held in the parking area and field next to the Elkins Library in the Historic center of Canterbury, rain or shine (except for big thunderstorms).

SNAP (Food Stamps) / EBT / debit and credit cards accepted. Matching funds for the first \$20 or SNAP (Food Stamps) benefit used!

Need more info? Go to www.ccfma.net or find the market on Facebook!

Canterbury Fair

We will have a booth set up at The Canterbury Fair on Saturday July 29th. As usual there will be information about the pantry, our wrist bands, teddy bears and other stuff. Bring any donations (food or otherwise) or just drop by our booth to say hi. This is a great time meet new people and catch up with old friends as well. Please come and join us in the fun!

Loudon Old Home Day

This year Loudon Old Home Day's theme is "Animals of the World". On August 12th, we will have a booth set up at LOHD this year. So please drop by and visit!

NH Gives Results

NH Gives – an initiative of the NH Center for Nonprofits – is designed to bring the state together as one community, raising as much money and awareness as possible for New Hampshire's nonprofits within a 24-hour, flash-mob of giving.

As a result of this initiative we received \$80 in donations! Thank you to everyone that donated! It was an exciting 24-hours and we're prepared to do it again next year!

Canterbury Excursion – Petals in the Pines Friday, July 14, 6:00-7:30 p.m.

Petals in the Pines on Baptist Road is a place of enchantment and learning for all ages. Owner Donna Miller will guide us through the 27 themed gardens and then take us on a short woodland trail. The pollinator gardens may offer a glimpse of various beautiful and unusual insects. A streamside trail provides a water feature and a "mystery" human-made rock formation that crosses part of the stream. The tree identification trail provides an opportunity to learn more about larger plants than what is in the gardens.

For those inclined to use insect repellent, please apply it at home or while in the parking lot to reduce impact on pollinators in the gardens.

The walking will be easy and the excursion is appropriate for children as well as adults. For more information about Petals in the Pines and for directions visit: http://www.petalsinthepines.com/

Contact Ruth Smith <u>ruthnaturally@myfairpoint.net</u> with questions. No RSVP necessary.

Canterbury Excursion – Muchyedo Banks Wildlife Management Area Saturday, August 12, 9:00-10:30 a.m.

On this page, you can read Mark Stevens' description of Muchyedo Banks on the Merrimack River. If you'd like to do more than read about it and want to enjoy the magic of the place with a group of fellow explorers, join us for this morning excursion. Hopefully there will still be some Bank Swallows around and other bird life along the river. Regardless of the wildlife sightings, we are sure to experience the valuable habitat and impressive cliffs that this hike presents.

Meet at the parking area where Riverland Road turns into Oxbow Pond Road.

For more information about Muchyedo Banks visit: http://www.wildlife.state.nh.us/maps/wma/muchyedo-banks.html Contact Ruth Smith ruthnaturally@myfairpoint.net with questions. No RSVP necessary.

CHILDREN'S GAMES HELP NEEDED



Looking for middle and high schoolers to volunteer to help work at the different stations. They would be 1 hour shifts, great community service hours. I need help from 9-4.

Please contact Chris Ennis at ennisfamily@comcast.net, phone 783-9893

The Muchyedo Banks Trail

The legend tells that the Muchyedo Banks got their name from an incident that took place during the Colonial era. It seems that an athletic young Native American named Pawgemucket stole the "stylish, ancient, velveteen go-tomeeting britches" of one of the settlers in Boscawen. Pursued by an angry mob Pawgemecket dove into the Merrimack River and swam across to the steep banks on the Canterbury side, where he then scrambled up the 80 foot high banks "like a squirrel". At the top of the bank he waved the britches over his head and taunted his pursuers to come and get them. Later Pawgemucket was asked how he managed to climb the steep and slippery loose banks. His reply was brief and to the point: "Much ye do" to climb those banks. Other variations of the story suggest that he had stolen a sack of potatoes instead of pantaloons and refer to the banks as "Muchldo" instead of "Muchyedo".

Whatever the truth may be, the Muchyedo Banks are worth going to see and the trail to the site is neither difficult nor long. The property is owned by the NH Fish & Game Commission and is open to the public so you'll not be hiking on any private property. You can also check out the other trails on this 290 acre wildlife management property while you are there. The trailhead parking area can be found at the intersection of Oxbow Pond Road and Riverland Road. There is a kiosk and gate and small parking area. A little less than a half mile from the trailhead you come to the Muchyedo banks.

From the top of the bank looking down to the river it is easy to imagine the Indian trying desperately to scramble up the bank and elude his pursuers. From this top of the world vantage point you can also see any boats, canoes, or tubing activity on the river as well as any Canadian Geese or flocks of ducks or other wildlife floating or following the river. Across the river in Boscawen there is a giant cornfield and perhaps farm tractor activity going on. You can turn around here and return back to your car after a pleasant one mile round trip exercise loop, or if you are so inclined you can keep going further on the trail.

Another half mile up the trail and you'll come to a trail intersection that turns west into the interior of the property. ½ mile down this trail you come to many other trail intersections that branch out in several directions, all of which dead end so you'll need to plan accordingly for your return trip. These trails are not necessarily well marked, but you are surrounded by the river on three sides and the railroad on the fourth, so you can't really get lost unless you wander around in circles. As you are wandering around you'll likely notice several monitoring wells that were installed when the property was once proposed as a landfill site.

If you explore all of these spur trails you'll have trekked over five miles, so save enough energy to hike back to your vehicle. Be careful not to twist an ankle or muchyedo to get back to your car.

~ Mark Stevens

CANTERBURY POLICE DEPARTMENT

Officer Bibeau is now halfway through his Academy class and is looking at an August 18th Graduation date. Speaking of graduations, Congratulations to the Class of 2017 on their graduation, we wish you luck in all your future endeavors.

The Canterbury Police Department would like to wish everyone a Safe and Happy 4th of July.

Please be safe and enjoy your summer.

Since our last newsletter deadline, your Police Department has answered 113 Calls for Service, responded to 2 accidents, issued 166 citations (which includes warnings), investigated 7 incidents and had 4 arrests.

~Chief Michael P. Labrecque

"To wear the badge is a choice, to serve the public is an honor"!

FIRE CHIEF NEWS

After 31 years I have decided to retire as Chief of the Canterbury Fire Rescue Department. I was hoping to continue for another couple of years or even longer, but as luck would have it, I was able to sell my house and didn't even have it on the market. This development has me scrambling to move up my time table and plans.

I first started with Canterbury Fire Department in 1972, under Chief Bob Lee, who lived on Boyce Road. I was building my house on Abbott Road and the siren in the center kept going off, so I jumped in my truck and headed down to see if I could help. It turned out to be a large brush fire at Hackleboro Orchard. The rest is history. I was hooked, and from that day on, I have dedicated my life to the fire service and the people we serve. Chief Lee was a man like me, raising a family, working hard to provide for his family, and yet still had the time to be the Fire Chief and run the Fire Department. I was a bit younger and thought I had all the answers, of course. Chief Lee taught me how to fight fires, work on pumps, and be part of a team. One of the other many things he taught me was that everyone has something to contribute and everyone has a worth. This is the way I have led the Department and we have some of the most compassionate and caring people in our Fire Department. I could go on forever telling you about my life serving the residents of Canterbury and how much it's meant to me to be your Chief.

It's with a heavy heart that I must make this decision to retire from the best job in the world, protecting our firefighters and the residents of Canterbury. My last day on the job was June 25th. Please take care and stay safe.

If you have an Emergency, dial 911 and we will come. Thank you for your support.

~ Chief Peter Angwin Canterbury Fire Rescue Department

TOWN ADMINISTRATOR NEWS

The Selectmen accepted Fire Chief Pete Angwin's resignation effective on June 25, 2017. Pete and his wife Rose are retiring to North Carolina. The Selectmen wish to thank Pete for his many years of dedicated service to the Town.

Canterbury Police Officer Tom Bibeau is currently attending the NH Police Standards and Training Full-Time Police officer training academy. He is scheduled to graduate on August 18th. This will allow him to work as a certified full-time officer for Canterbury PD.

Our audit has been completed by Melanson & Heath. Canterbury's continues to have a very healthy financial outlook. The audit will be posted to our website.

Highlights include:

- At the close of the current fiscal year (2016) the unassigned fund balance for the general fund was \$1,047,521. A change of \$ 124,280 in comparison to the prior year.
- At the close of the current fiscal year (2016) the total of assets exceeded liabilities by \$10,623,722 (i.e., net position), a change of \$47,740 in comparison to the prior year.

Our long term debt decreased by \$168,000. Independence Day celebrations will take place on July 4th, with activities in the morning in the Center, and fireworks at dusk at Canterbury Elementary School.

~ Ken Folsom Town Administrator

FROM THE OFFICE OF THE TOWN CLERK/TAX COLLECTOR

The deadline for yearly dog license renewals was April 30th. While many dogs were made honest citizens, there remain unlicensed dogs in our town whose bark cannot count because they are not registered. For those remaining unlicensed dogs, please come to the town office during our hours and get your 2017 license!

-Ben Bynum, Town Clerk





CANTERBURY FAIR BOOK (and Multi-Media) SALE

GOT BOOKS you'd like to find new homes for? The Canterbury Fair Book Sale will gratefully take them. In addition to "regular" books, we now take DVDs or CDs with audiobooks, film, TV shows, and music as well – but we cannot take encyclopedias, textbooks, or dirty/damaged material. Please bring books in boxes, rather than bags, if possible.

Book collection locations and times:

July: We'll be at the Meeting House to collect and sort materials on Wednesdays (4-7 pm) and Saturdays (9-12 am) from July 12 through July 26.

VOLUNTEERS wanted to help with . . .

- Collecting and organizing material on donation days: July 12, 15, 19, 22, and 26);
- Setting up for the Fair on Friday afternoon, July 28;
- Working on the book sale during the fair on Saturday, July 29;
- Closing down at the end of the fair on the afternoon of July 29.

Any amount of time you can give will be helpful and greatly appreciated. If you want to volunteer or have questions, please contact Stephanie Jackson (783-0495 or sijackson59@aol.com) or Paul Lepesqueur (783-4578 or karumi@gmail.com) or come to the Meeting House on one of the collecting-and-organizing days. Join us — it's a wonderful volunteer opportunity! You get to interact with great people and good books, and help make money for the Canterbury Fund, a charitable trust that aids Canterbury residents experiencing hardship, and funds selected projects that benefit the whole community.

What Not Collections

Drop off Daily 1-6p
At The Byre, 112 Southwest Rd
June 1st through Saturday July 15th
Drop off at The Red Barn, 11 Kimball Pond Rd.
Sat/Sun July 22 and 23, noon-5p
Mon - Thurs July 24-27th, 4-7p

NO LARGE ELECTRONICS, PLEASE.

NO DROPS FRIDAY July 28th.



NEWS FROM FAIR FOLKS!

<u>For July!</u> Our last planning meeting is Wednesday, July 12 at 7 PM in the Chapel Room of the Parish Hall...last chance to check in with us about this year's Fair!

Please come, join us and see what help this year's Fair might need. Remember this will be an alternative year for the Fair. The What Not Sale will be in the Red Barn attached to the brick house on Kimball Pond Road (THANK YOU AGAIN Tom and Emily Perlet). The Animal Tent will be elsewhere...good to wonder about something! The Woodchuck Classic Road Race will take place in its usual space and we hope everyone will be patient with alternate traffic patterns and adjustments.

And for August. The Fair Committee thanks everyone who always says YES, comes and does exactly what we all love about our Fair and makes this a very special day in the life of our town. This will have been our 59th Fair and next year will be an anniversary year of 60 years strong! UNBELIEVABLE!!!!

If you are new to town, this is a great opportunity to come see why living in Canterbury is so special all in one day in the Town Center. You can meet your neighbors all at once, make some friends, connect your kids with other kids in town or meet folks with shared interests so you can join in to activities that we all boast about! All in all, it's a pretty darn wonderful day, so here is your invitation, please come meet us and let us meet you! We can't wait!

.....Always the Last Saturday in July.

If you have any questions, please call Lisa Carlson, Fair Chair at 783-0335.



BAKERS NEEDED

The Canterbury Fair is fast approaching - and we need bakers and workers for the bake table! Please contact Debbie Snow at 783-4187. Thanks

Shaker Hand Pie Baking Day - We're getting together to make Shaker hand pies again this year for the bake table. We'll be meeting at the parish house at 9:00 on Saturday July 1st. All hands are welcome!

CANTERBURY COMMUNITY NEWSLETTER

Published By:

Canterbury United Community Church

5 Center Road

PO Box 216

Canterbury, NH 03224

Carrier Route Pre-sort Canterbury, NH 03224 Non-Profit Org. US Postage Paid Permit No. 1 Canterbury, NH 03224

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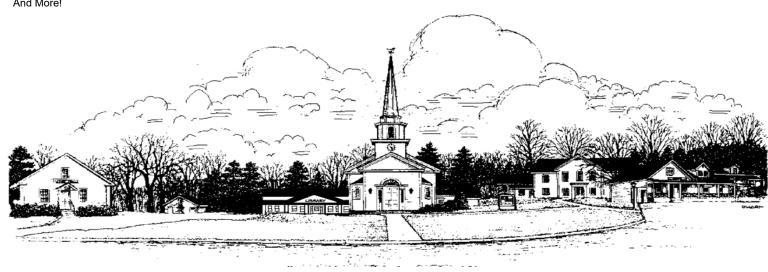
Library

School

People

Town Government Church Events

And More!



SUMMER SQUASH SAUTEED WITH GARLIC AND PARSLEY

6 to 8 small summer squash (about 1 ½ lb.) 3 Tbsp. chopped fresh parsley (flat leaf is best)

3 Tbsp. olive oil

1-1 1/4 tsp finely grated lemom

2 large cloves garlic, finely chopped

fresh ground pepper to taste

Salt to taste

Slice squash into pieces ½ inch thick. Heat olive oil in a large skillet. Drop squash into hot oil gradually, slightly browning each handful before adding the next one. Saute squash until golden brown and tender. Takes 6 minutes. Place squash in a serving dish and toss with garlic, parsley, lemon, pepper and salt.

~ Mary Kerwin

RHUBARB BARS

1 c. flour plus 5 Tbsp. 2 eggs, well beaten

5 Tbsp. confectioners sugar 1 ½ c. sugar ½ c. butter 3/4 tsp. salt

2 c. finely chopped rhubarb

Sift 1 cup flour with confectioners sugar and cut in butter. Mix as for pie crust. Press into ungreased 9 x 13 pan. Bake at 350 degrees for 15 minutes. Set aside. Combine rhubarb, eggs, sugar, 5 Tbsp. flour and salt. Mix thoroughly. Spoon over crust. Bake at 350 degrees for 35 minutes. Serve warm or cold.

~ Ella Mae Cochrane

(both recipes taken from the "Sharing Our Best" Canterbury, NH cookbook)